

KSPLA
Kerala State Men's Sub Junior, Junior & Masters Equipped Powerlifting Championship 2022
Priyadarshini Auditorium, Thiruvananthapuram - 29-05-2022 to 30-05-2022
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
53kg - Sub Junior																						
1	KANNAN RAJA	14-07-2004	ALP	6	52.60	0.159770	140.0	155.0	160.0	160.0 [1]	65.0	70.0	80.0	70.0 [3]	140.0	147.5	155.0	155.0 [3]	385.0	12	61.511450	6
2	AMAL JITH S	02-09-2004	ALP	5	51.50	0.162665	120.0	130.0	137.5	120.0 [3]	62.5	70.0	75.0	70.0 [2]	145.0	160.0	170.0	160.0 [1]	350.0	9	56.932750	10
3	ARJUN KRISHNA T S	04-05-2004	PTA	1	52.80	0.159260	110.0	120.0	130.0	130.0 [2]	65.0	75.0	77.5	77.5 [1]	120.0	132.5	142.5	132.5 [7]	340.0	8	54.148400	13
4	DEVANAND C S	16-05-2005	IDK	3	51.80	0.161860	90.0	110.0	110.0	110.0 [5]	50.0	60.0	62.5	50.0 [8]	130.0	145.0	155.0	155.0 [2]	315.0	7	50.985900	19
5	ROSHAN JUDE	21-12-2004	TCR	12	52.10	0.161067	90.0	100.0	115.0	115.0 [4]	50.0	57.5	60.0	57.5 [4]	120.0	130.0	137.5	137.5 [5]	310.0	6	49.930770	21
6	SREEJITH S	05-02-2004	KLM	8	51.00	0.164034	90.0	100.0	110.0	100.0 [7]	45.0	45.0	52.5	52.5 [5]	110.0	130.0	135.0	135.0 [6]	287.5	5	47.159775	25
7	ADNAN KHADIR	10-11-2004	KKD	13	52.80	0.159260	92.5	100.0	107.5	107.5 [6]	42.5	47.5	50.0	47.5 [10]	122.5	130.0	140.0	130.0 [8]	285.0	4	45.389100	30
8	JITHINRAJ J	27-09-2004	KKD	14	53.00	0.158755	92.5	102.5	110.0	92.5 [8]	45.0	50.0	55.0	50.0 [9]	142.5	152.5	162.5	142.5 [4]	285.0	3	45.245175	31
9	ALWIN C	20-04-2005	IDK	4	47.70	0.174005	77.5	87.5	100.0	87.5 [9]	50.0	60.0	60.0	50.0 [6]	85.0	100.0	105.0	105.0 [9]	242.5	2	42.196213	39
10	LUKMAN K	23-07-2004	WYD	11	49.20	0.169259	80.0	95.0	95.0	80.0 [10]	50.0	55.0	55.0	50.0 [7]	100.0	100.0	110.0	100.0 [10]	230.0	1	38.929570	42
11	YADHU KRISHNAN	08-09-2004	MPM	7	41.60	0.198054	40.0	40.0	50.0	50.0 [11]	30.0	35.0	35.0	30.0 [11]	60.0	70.0	80.0	80.0 [11]	160.0	1	31.688640	55
-	MUHAMMED NASEEB	05-07-2006	MPM	2	42.40	0.194375	50.0	50.0	50.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMED FASIL V	25-02-2007	PKD	9	45.90	0.180236	45.0	50.0	50.0	45.0 [12]	30.0	30.0	30.0	-	X	X	X	-	-	-	-	-
-	SHAMEEM K S	09-02-2006	PKD	10	52.30	0.160544	40.0	40.0	40.0	-	X	X	X	-	X	X	X	-	-	-	-	-
59kg - Sub Junior																						
1	MUHAMMED JISHAD PONNANDY	16-04-2004	WYD	31	58.80	0.145976	145.0	147.5	157.5	157.5 [1]	75.0	82.5	87.5	82.5 [1]	155.0	165.0	177.5	177.5 [1]	417.5	12	60.944980	7
2	ANEESH A VIJAYAN	29-08-2006	PTA	23	56.20	0.151292	140.0	150.0	150.0	150.0 [2]	62.5	67.5	72.5	72.5 [2]	132.5	132.5	145.0	132.5 [5]	355.0	9	53.708660	15
3	AKHILESH C M	26-08-2004	MPM	34	58.40	0.146755	90.0	100.0	110.0	110.0 [9]	50.0	55.0	60.0	60.0 [5]	140.0	155.0	165.0	165.0 [2]	335.0	8	49.162925	22
4	JERIN J MATHEW	16-06-2007	ALP	26	56.80	0.150010	110.0	110.0	120.0	120.0 [3]	50.0	60.0	62.5	62.5 [4]	120.0	125.0	135.0	135.0 [3]	317.5	7	47.628175	24
5	VISHNU K.A	03-06-2004	EKM	27	59.00	0.145591	100.0	110.0	117.5	117.5 [4]	60.0	65.0	70.0	65.0 [3]	120.0	130.0	X	120.0 [7]	302.5	6	44.041278	32
6	VYSHNAV A	08-12-2005	KKD	36	54.70	0.154652	102.5	112.5	115.0	115.0 [6]	52.5	57.5	57.5	52.5 [6]	132.5	140.0	140.0	132.5 [4]	300.0	5	46.395600	27
7	ABHINAND KUMAR KV	12-03-2008	KSD	33	57.90	0.147748	110.0	110.0	125.0	110.0 [8]	35.0	35.0	35.0	35.0 [12]	110.0	120.0	127.5	127.5 [6]	272.5	4	40.261330	41
8	ANIRUDH C	24-10-2006	KKD	37	54.20	0.155825	95.0	102.5	112.5	112.5 [7]	45.0	50.0	50.0	45.0 [10]	107.5	110.0	115.0	110.0 [8]	267.5	3	41.683188	40
9	JESTIN DEVASSY	03-06-2007	IDK	25	53.20	0.158255	100.0	115.0	115.0	115.0 [5]	45.0	45.0	50.0	50.0 [7]	50.0	65.0	80.0	80.0 [13]	245.0	2	38.772475	43
10	VARSHIN R	24-05-2005	TVM	32	56.40	0.150861	70.0	75.0	75.0	75.0 [10]	45.0	50.0	55.0	50.0 [8]	90.0	105.0	115.0	105.0 [9]	230.0	1	34.698030	46
11	ASSISI FRANCIS	01-03-2005	TCR	35	54.10	0.156063	50.0	65.0	65.0	65.0 [11]	40.0	45.0	50.0	45.0 [9]	90.0	100.0	105.0	100.0 [10]	210.0	1	32.773230	51
12	ABHINAV V	28-05-2007	KSD	30	53.10	0.158505	60.0	65.0	65.0	60.0 [12]	30.0	30.0	35.0	35.0 [11]	60.0	60.0	80.0	80.0 [12]	175.0	1	27.738375	60
13	MUHAMMED ASLAM N	19-07-2006	MPM	28	53.30	0.158007	50.0	52.5	57.5	57.5 [13]	30.0	30.0	35.0	30.0 [13]	80.0	82.5	90.0	82.5 [11]	170.0	1	26.861190	62
-	MUHAMMED RABAH C	28-03-2007	PKD	29	54.40	0.155353	50.0	50.0	50.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMED IRFAN K. P	31-03-2007	PKD	24	57.80	0.147949	50.0	50.0	50.0	-	X	X	X	-	X	X	X	-	-	-	-	-
66kg - Sub Junior																						
1	PRADUL AK	08-01-2005	KSD	59	65.60	0.134527	190.0	200.0	200.0	200.0 [1]	82.5	87.5	92.5	87.5 [2]	190.0	200.0	210.0	200.0 [1]	487.5	12	65.581913	3 
2	SAKSHITH KUMAR N C	29-06-2004	KNR	57	60.00	0.143717	150.0	150.0	165.0	165.0 [2]	90.0	90.0	95.0	95.0 [1]	160.0	170.0	177.5	177.5 [2]	437.5	9	62.876188	5

Place	Name	DOB	Team	Lot	Bd.	Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF	GL	Points	Place
3	ARJUN K A	10-07-2006	ALP	54	65.35	0.134895	140.0	152.5	160.0	160.0 [3]	75.0	75.0	80.0	80.0 [3]	140.0	147.5	147.5	140.0 [4]	380.0	8	51.260100		18		
4	AMBADY DILEEP	20-06-2006	ALP	53	62.20	0.139858	115.0	127.5	137.5	127.5 [4]	55.0	70.0	80.0	70.0 [4]	120.0	135.0	150.0	135.0 [5]	332.5	7	46.502785		26		
5	LEJIN R	24-05-2004	TVM	60	66.00	0.133945	110.0	120.0	120.0	110.0 [5]	65.0	70.0	77.5	70.0 [5]	130.0	140.0	147.5	147.5 [3]	327.5	6	43.866988		33		
6	MUHAMMED ISMAIL K P	26-10-2004	MPM	55	60.30	0.143170	70.0	75.0	85.0	85.0 [6]	45.0	50.0	50.0	50.0 [6]	80.0	95.0	105.0	95.0 [8]	230.0	5	32.929100		50		
7	MUHAMMED SHAMIL P	04-02-2007	MPM	56	60.80	0.142273	80.0	82.5	82.5	80.0 [7]	40.0	45.0	45.0	40.0 [7]	90.0	100.0	105.0	105.0 [6]	225.0	4	32.011425		53		
8	P VISHNU	15-09-2005	KSD	89	63.20	0.138215	60.0	60.0	67.5	60.0 [8]	30.0	40.0	47.5	40.0 [8]	70.0	80.0	100.0	100.0 [7]	200.0	3	27.643000		61		
-	PAVAN R	05-12-2007	TVM	58	65.60	0.134527	70.0	70.0	70.0	-	X	X	X	-	X	X	X	-	-	-		-	-		
74kg - Sub Junior																									
1	ADITH A	13-07-2005	TCR	85	72.90	0.125142	215.0	225.0	230.0	225.0 [1]	110.0	115.0	117.5	115.0 [2]	210.0	230.0	230.0	230.0 [1]	570.0	12	71.330940		1 𑳵		
2	SARVESH PRASANTH	10-05-2005	ALP	78	70.60	0.127838	180.0	195.0	195.0	195.0 [2]	115.0	115.0	122.5	122.5 [1]	170.0	180.0	185.0	180.0 [3]	497.5	9	63.599405		4		
3	ABIJITH A S	02-08-2005	TVM	84	73.00	0.125030	170.0	170.0	180.0	180.0 [3]	82.5	90.0	95.0	95.0 [3]	170.0	180.0	180.0	170.0 [5]	445.0	8	55.638350		11		
4	SHAHANAD N S	12-09-2005	TVM	82	72.10	0.126055	150.0	160.0	167.5	167.5 [4]	80.0	82.5	90.0	90.0 [4]	160.0	170.0	190.0	170.0 [4]	427.5	7	53.888513		14		
5	AMAL I P	17-04-2004	KNR	83	68.50	0.130498	145.0	165.0	165.0	145.0 [5]	75.0	80.0	82.5	80.0 [5]	170.0	180.0	185.0	185.0 [2]	410.0	6	53.504180		16		
6	SIVADATH K LAL	08-01-2009	KKD	87	72.10	0.126055	137.5	145.0	145.0	145.0 [6]	47.5	50.0	55.0	50.0 [10]	135.0	147.5	150.0	147.5 [7]	342.5	5	43.173838		36		
7	VARUN TR	25-07-2005	KKD	86	68.70	0.130236	122.5	135.0	135.0	122.5 [7]	47.5	52.5	57.5	52.5 [7]	132.5	142.5	150.0	150.0 [6]	325.0	4	42.326700		38		
8	VARUN U	26-05-2004	KNR	80	73.60	0.124364	100.0	100.0	115.0	115.0 [8]	50.0	55.0	60.0	60.0 [6]	105.0	117.5	127.5	127.5 [8]	302.5	3	37.620110		44		
9	MUHAMMED SHIBIN M K	21-11-2005	MPM	79	72.10	0.126055	70.0	80.0	95.0	95.0 [9]	40.0	47.5	52.5	52.5 [8]	80.0	90.0	100.0	100.0 [9]	247.5	2	31.198613		58		
10	MUHAMMED BASIL ASLAM T Y	04-10-2006	PKD	81	66.70	0.132947	70.0	80.0	95.0	80.0 [10]	40.0	45.0	50.0	50.0 [9]	80.0	90.0	95.0	95.0 [10]	225.0	1	29.913075		59		
-	BIBIN BABU	08-07-2004	KLM	103	69.10	0.129717	100.0	100.0	X	-	X	X	X	-	X	X	X	-	-	-		-	-		
83kg - Sub Junior																									
1	MARTIN J MATHEW	01-01-2004	ALP	102	74.60	0.123284	220.0	235.0	235.0	235.0 [1]	100.0	107.5	112.5	112.5 [1]	210.0	225.0	227.5	227.5 [1]	575.0	12	70.888300		2 𑳵		
2	ARJUN A J	16-09-2005	TVM	105	78.30	0.119585	210.0	220.0	220.0	220.0 [2]	85.0	85.0	95.0	95.0 [2]	160.0	180.0	192.5	180.0 [2]	495.0	9	59.194575		8		
3	JACKSON KUNJUMON	01-01-2004	IDK	101	78.60	0.119304	132.5	147.5	160.0	160.0 [3]	65.0	70.0	75.0	70.0 [4]	155.0	165.0	177.5	177.5 [3]	407.5	8	48.616380		23		
4	EDWIN D. PALLIPARAMBIL	19-04-2005	TCR	106	81.10	0.117066	140.0	140.0	150.0	150.0 [4]	62.5	67.5	72.5	72.5 [3]	155.0	167.5	187.5	167.5 [5]	390.0	7	45.655740		29		
5	ADITHYAN A	17-10-2004	KKD	107	80.40	0.117675	122.5	122.5	127.5	127.5 [5]	65.0	65.0	72.5	65.0 [5]	152.5	165.0	175.0	175.0 [4]	367.5	6	43.245563		34		
6	SURYA SENAN	29-10-2004	IDK	104	78.80	0.119118	100.0	105.0	115.0	105.0 [6]	50.0	50.0	57.5	50.0 [6]	110.0	115.0	125.0	125.0 [6]	280.0	5	33.353040		48		
93kg - Sub Junior																									
1	ATHUL KRISHNA K.S	11-03-2005	TCR	129	84.30	0.114443	160.0	180.0	200.0	200.0 [1]	80.0	90.0	100.0	90.0 [2]	170.0	182.5	190.0	190.0 [1]	480.0	12	54.932640		12		
2	SAVIO SONY	11-04-2006	ALP	125	90.30	0.110151	150.0	170.0	170.0	170.0 [2]	95.0	102.5	107.5	102.5 [1]	135.0	142.5	147.5	147.5 [4]	420.0	9	46.263420		28		
3	VISHNU P V	24-05-2004	KNR	128	91.60	0.109315	150.0	155.0	165.0	155.0 [3]	72.5	75.0	77.5	75.0 [3]	165.0	172.5	172.5	165.0 [2]	395.0	8	43.179425		35		
4	MUHAMMED SHANOOB N A	12-03-2004	PKD	127	86.30	0.112927	130.0	150.0	160.0	150.0 [4]	55.0	65.0	70.0	65.0 [4]	160.0	180.0	180.0	160.0 [3]	375.0	7	42.347625		37		
5	IBRAHIM ABDU	13-09-2006	PKD	126	87.50	0.112060	100.0	120.0	120.0	120.0 [5]	40.0	50.0	55.0	55.0 [5]	100.0	110.0	120.0	120.0 [5]	295.0	6	33.057700		49		
105kg - Sub Junior																									
1	THASLIM B	13-06-2004	TVM	146	97.60	0.105822	207.5	227.5	X	227.5 [1]	107.5	117.5	X	117.5 [1]	197.5	207.5	217.5	207.5 [1]	552.5	12	58.466655		9		
2	SOBIN P T	26-09-2004	KKD	149	94.30	0.107672	162.5	180.0	202.5	202.5 [2]	82.5	82.5	90.0	90.0 [2]	172.5	185.0	200.0	185.0 [2]	477.5	9	51.413380		17		
3	AKASH LINU	24-04-2005	TVM	147	101.80	0.103689	100.0	100.0	100.0	100.0 [4]	55.0	62.5	67.5	67.5 [3]	110.0	130.0	140.0	140.0 [3]	307.5	8	31.884368		54		
4	VINAY WILSON	12-10-2004	TCR	148	95.40	0.107037	70.0	95.0	110.0	110.0 [3]	50.0	57.5	65.0	65.0 [4]	100.0	115.0	130.0	130.0 [4]	305.0	7	32.646285		52		
5	ABHISHEK R	07-04-2006	PKD	145	99.00	0.105085	70.0	70.0	70.0	70.0 [5]	40.0	45.0	45.0	40.0 [5]	80.0	85.0	90.0	90.0 [5]	200.0	6	21.017000		63		
120kg - Sub Junior																									

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
1	ASWIN SARATH	01-01-2004	ALP	162	115.20	0.098216	110.0	420.0	130.0	130.0 [1]	75.0	75.0	85.0	85.0 [1]	125.0	135.0	440.0	135.0 [3]	350.0	12	34.375600	47
2	ALWIN C.B	16-07-2007	TCR	165	109.20	0.100446	80.0	100.0	120.0	120.0 [3]	50.0	52.5	57.5	52.5 [2]	110.0	125.0	142.5	142.5 [1]	315.0	9	31.640490	56
3	LITHESH KV	19-10-2005	KSD	164	106.70	0.101476	90.0	90.0	120.0	120.0 [2]	50.0	60.0	60.0	50.0 [3]	120.0	130.0	140.0	140.0 [2]	310.0	8	31.457560	57
120+Kg - Sub Junior																						
1	ANNEX ALAKKAL	02-02-2005	KNR	172	125.40	0.095072	210.0	222.5	250.0	222.5 [1]	100.0	407.5	407.5	100.0 [1]	200.0	210.0	245.0	210.0 [1]	532.5	12	50.625840	20
2	JOEL K R	04-05-2007	TVM	173	120.90	0.096369	150.0	160.0	170.0	170.0 [2]	55.0	60.0	62.5	60.0 [2]	150.0	160.0	467.5	160.0 [2]	390.0	9	37.583910	45
3	ABHISHEIK K NAIR	05-04-2009	IDK	171	125.10	0.095155	70.0	85.0	440.0	85.0 [3]	40.0	40.0	45.0	45.0 [3]	70.0	85.0	400.0	85.0 [3]	215.0	8	20.458325	64

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	ADITH A	TCR	74kg	72.90	0.125142	570.0	71.330940
2	MARTIN J MATHEW	ALP	83kg	74.60	0.123284	575.0	70.888300
3	PRADUL AK	KSD	66kg	65.60	0.134527	487.5	65.581913

Team Championship - Sub Junior					
Place	Team	Points	Best Points	IPF GL Points	
1	ALAPPUZHA	54	12+12+12+9+9	287.307505	
2	THRISSUR	47	12+12+9+7+7	236.206095	
3	THIRUVANANTHAPURAM	46	12+9+9+8+8	242.767858	
4	KANNUR	38	12+9+8+6+3	247.805743	
5	IDUKKI	30	8+8+7+5+2	195.609858	
6	KOZHIKODE	29	9+6+5+5+4	229.617481	
7	KASARAGOD	28	12+8+4+3+1	192.682178	
8	MALAPPURAM	20	8+5+4+2+1	176.990703	
9	PALAKKAD	20	7+6+6+1	126.335400	
10	PATHANAMTHITTA	17	9+8	107.857060	
11	WAYANAD	13	12+1	99.874550	
12	ERNAKULAM	6	6	44.041278	
13	KOLLAM	5	5	47.159775	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
53kg - Junior																						
1	AGNAY POOKKAT	02-11-2002	KKD	22	52.70	0.159515	150.0	160.0	170.0	170.0 [2]	75.0	80.0	82.5	82.5 [3]	70.0	180.0	485.0	180.0 [1]	432.5	12	68.990238	15
2	ARAVIND A S	25-11-2003	TVM	21	49.20	0.169259	155.0	170.0	480.0	170.0 [1]	75.0	85.0	90.0	85.0 [1]	150.0	165.0	480.0	165.0 [2]	420.0	9	71.088780	11
3	ADHIL S	28-03-2003	PTA	15	52.50	0.160027	120.0	437.5	155.0	155.0 [3]	60.0	72.5	72.5	72.5 [5]	135.0	147.5	160.0	160.0 [3]	387.5	8	62.010463	25
4	ARJUN K R	04-03-2002	ALP	16	46.90	0.176698	440.0	445.0	145.0	145.0 [5]	75.0	80.0	82.5	82.5 [2]	130.0	137.5	442.5	137.5 [5]	365.0	7	64.494770	20
5	ROUNAK NAIR	02-12-2003	TVM	19	53.00	0.158755	110.0	122.5	430.0	122.5 [6]	80.0	87.5	87.5	80.0 [4]	135.0	150.0	460.0	150.0 [4]	352.5	6	55.961138	28
6	AMAL SAJEEV V	21-12-2003	PKD	18	51.20	0.163482	95.0	97.5	97.5	95.0 [7]	50.0	57.5	57.5	50.0 [8]	110.0	442.5	442.5	110.0 [7]	255.0	5	41.687910	45

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
7	ARUN A	23-09-2001	KLM	17	46.90	0.176698	50.0	50.0	60.0	60.0 [8]	60.0	70.0	75.0	70.0 [6]	110.0	115.0	420.0	115.0 [6]	245.0	4	43.291010	44
-	VIGNESH K M	02-02-2002	PKD	20	51.40	0.162936	135.0	145.0	150.0	150.0 [4]	65.0	72.5	72.5	65.0 [7]	445.0	X	X	-	-	-	-	-
59kg - Junior																						
1	ANANDAKRISHNAN R	25-01-2002	ALP	41	59.00	0.145591	205.0	215.0	222.5	222.5 [1]	115.0	120.0	425.0	120.0 [1]	195.0	207.5	207.5	195.0 [1]	537.5	12	78.255163	5
2	FIROSZ RAHEEM	06-02-2003	IDK	39	59.00	0.145591	170.0	187.5	495.0	187.5 [2]	105.0	420.0	120.0	120.0 [2]	165.0	180.0	490.0	180.0 [4]	487.5	9	70.975613	12
3	AVIJAD V	03-12-2001	KSD	43	59.00	0.145591	130.0	140.0	147.5	147.5 [3]	90.0	400.0	400.0	90.0 [3]	130.0	170.0	185.0	185.0 [2]	422.5	8	61.512198	26
4	ABHILASH C M	11-11-2001	MPM	44	58.70	0.146169	100.0	445.0	445.0	100.0 [8]	60.0	70.0	72.5	70.0 [5]	170.0	180.0	490.0	180.0 [3]	350.0	7	51.159150	37
5	AVINASH R	31-07-2002	KKD	46	59.00	0.145591	110.0	120.0	130.0	130.0 [4]	60.0	65.0	70.0	65.0 [7]	130.0	145.0	155.0	155.0 [5]	350.0	6	50.956850	38
6	EMMANUVEL V S	11-12-2002	PTA	38	57.10	0.149382	120.0	127.5	435.0	127.5 [5]	60.0	67.5	70.0	70.0 [4]	130.0	140.0	150.0	150.0 [6]	347.5	5	51.910245	36
7	ANANTHU R	14-08-1999	IDK	40	55.40	0.153055	100.0	120.0	440.0	120.0 [7]	60.0	67.5	67.5	67.5 [6]	115.0	125.0	140.0	140.0 [7]	327.5	4	50.125513	39
8	AKSHAY C	15-03-2001	KNR	42	58.80	0.145976	110.0	122.5	127.5	127.5 [6]	50.0	60.0	65.0	60.0 [8]	90.0	105.0	130.0	130.0 [8]	317.5	3	46.347380	41
66kg - Junior																						
1	RAHUL SAJI	04-12-1999	ALP	63	66.00	0.133945	250.0	265.0	275.0	275.0 [1]	140.0	445.0	450.0	140.0 [1]	210.0	225.0	225.0	210.0 [2]	625.0	12	83.715625	1 
2	ANANTHU KRISHNAN K S	08-11-2001	TVM	68	66.00	0.133945	232.5	242.5	247.5	242.5 [2]	115.0	120.0	425.0	120.0 [2]	200.0	240.0	X	200.0 [4]	562.5	9	75.344063	6
3	SHILJO BABY	18-08-2001	WYD	67	62.80	0.138864	180.0	492.5	210.0	210.0 [3]	100.0	405.0	405.0	100.0 [3]	200.0	240.0	210.0	210.0 [1]	520.0	8	72.209280	9
4	ANANTHAKRISHNAN R	18-11-2002	PTA	61	65.90	0.134089	180.0	195.0	207.5	207.5 [4]	90.0	100.0	405.0	100.0 [4]	180.0	200.0	245.0	200.0 [3]	507.5	7	68.050168	16
5	SHAMBURAJ S	03-07-2001	TVM	66	64.50	0.136175	130.0	142.5	452.5	142.5 [6]	75.0	82.5	85.0	85.0 [5]	145.0	155.0	162.5	162.5 [5]	390.0	6	53.108250	34
6	ASWIN REJI	18-08-2003	KTM	69	60.70	0.142451	90.0	90.0	400.0	90.0 [8]	60.0	60.0	62.5	60.0 [6]	130.0	X	X	130.0 [6]	280.0	5	39.886280	48
-	NITHIN R	21-06-2001	KLM	64	61.60	0.140876	160.0	470.0	480.0	160.0 [5]	80.0	80.0	80.0	-	X	X	X	-	-	-	-	-
-	ARUN P	18-11-2003	PKD	65	65.20	0.135118	400.0	100.0	120.0	120.0 [7]	55.0	70.0	75.0	-	X	X	X	-	-	-	-	-
74kg - Junior																						
1	VISHNU SHAJAN	03-10-2000	KNR	94	73.50	0.124474	250.0	260.0	267.5	267.5 [1]	145.0	155.0	157.5	157.5 [1]	200.0	242.5	212.5	212.5 [2]	637.5	12	79.352175	4
2	AKASH T O	22-01-2000	ALP	91	70.40	0.128082	222.5	235.0	240.0	240.0 [2]	125.0	130.0	135.0	135.0 [2]	230.0	245.0	252.5	252.5 [1]	627.5	9	80.371455	3 
3	HISHAM BIN MUHAMMED	31-07-2002	TCR	95	69.80	0.128827	185.0	200.0	240.0	200.0 [3]	90.0	97.5	100.0	100.0 [3]	185.0	200.0	245.0	200.0 [3]	500.0	8	64.413500	21
4	SHIBIN S	23-12-2001	KLM	92	71.90	0.126288	140.0	160.0	470.0	160.0 [4]	80.0	90.0	92.5	92.5 [5]	170.0	180.0	200.0	200.0 [4]	452.5	7	57.145320	27
5	MUHAMMED JAFFER	20-09-2003	PTA	88	70.40	0.128082	145.0	152.5	462.5	152.5 [6]	80.0	95.0	402.5	95.0 [4]	150.0	165.0	180.0	180.0 [6]	427.5	6	54.755055	30
6	ASHITH P V	09-05-2003	KNR	93	67.30	0.132112	130.0	445.0	155.0	155.0 [5]	55.0	60.0	65.0	65.0 [6]	170.0	480.0	180.0	180.0 [5]	400.0	5	52.844800	35
83kg - Junior																						
1	ANANTHAKRISHNA K S	17-08-2000	ALP	110	81.10	0.117066	260.0	275.0	X	275.0 [1]	140.0	155.0	165.0	165.0 [2]	230.0	245.0	252.5	252.5 [1]	692.5	12	81.068205	2 
2	AALI IMRAN	12-03-2003	ALP	109	82.40	0.115969	230.0	245.0	260.0	245.0 [3]	440.0	155.0	167.5	167.5 [1]	220.0	235.0	240.0	235.0 [2]	647.5	9	75.089928	8
3	VIGNESH V R	31-08-1999	TVM	115	80.90	0.117238	210.0	225.0	225.0	225.0 [4]	135.0	150.0	157.5	157.5 [3]	180.0	195.0	205.0	195.0 [3]	577.5	8	67.704945	18
4	SNEHAJ SURESH	29-10-2002	KKD	116	74.70	0.123178	180.0	495.0	200.0	180.0 [5]	80.0	90.0	95.0	90.0 [5]	160.0	170.0	482.5	170.0 [4]	440.0	7	54.198320	32
5	PRAMIN P M	15-08-2002	IDK	112	79.80	0.118208	95.0	100.0	405.0	100.0 [6]	60.0	65.0	65.0	60.0 [6]	125.0	135.0	445.0	135.0 [5]	295.0	6	34.871360	50
-	JERALD JESMAN	12-08-2001	WYD	114	75.70	0.122136	200.0	200.0	200.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	SOHAN S	28-12-2002	KLM	111	79.70	0.118297	420.0	420.0	420.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	ASIF HARIS	19-08-2002	IDK	108	81.60	0.116639	240.0	247.5	255.0	255.0 [2]	112.5	140.0	147.5	147.5 [4]	230.0	230.0	230.0	-	-	-	-	-
93kg - Junior																						
1	GIRISANKAR U	20-07-1999	ALP	130	83.40	0.115155	230.0	245.0	250.0	230.0 [2]	130.0	442.5	442.5	130.0 [2]	245.0	262.5	275.0	262.5 [1]	622.5	12	71.683988	10
2	MOHAMAD IHSAN S	22-02-2002	TVM	135	83.40	0.115155	210.0	220.0	225.0	220.0 [3]	130.0	137.5	142.5	142.5 [1]	225.0	237.5	245.0	245.0 [3]	607.5	9	69.956663	13

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
3	ALTHAF A S	12-01-2001	TVM	133	92.30	0.108877	180.0	200.0	215.0	215.0 [5]	100.0	105.0	110.0	110.0 [4]	240.0	260.0	300.0	260.0 [2]	585.0	8	63.693045	22
4	ANANDHU AYYAPPAN	20-07-1999	TCR	134	92.65	0.108661	195.0	215.0	235.0	235.0 [1]	115.0	120.0	137.5	115.0 [3]	220.0	232.5	245.0	232.5 [5]	582.5	7	63.295033	24
5	JINCE REJI	21-03-2003	KTM	136	92.20	0.108939	200.0	210.0	220.0	210.0 [6]	85.0	92.5	95.0	95.0 [5]	200.0	215.0	X	200.0 [6]	505.0	6	55.014195	29
-	ASWIN S KUMAR	17-02-2001	KKD	138	87.20	0.112274	210.0	210.0	210.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	ATHUL RAJ V	24-12-2002	KKD	137	88.40	0.111430	195.0	207.5	220.0	220.0 [4]	102.5	102.5	102.5	-	212.5	225.0	240.0	240.0 [4]	-	-	-	-
105kg - Junior																						
1	ABHIJITH S	16-04-2003	ALP	152	104.40	0.102481	285.0	300.0	305.0	305.0 [1]	155.0	165.0	172.5	172.5 [1]	245.0	257.5	260.0	257.5 [1]	735.0	12	75.323535	7
2	PRASANTH K M	24-10-2003	KKD	158	102.30	0.103451	252.5	265.0	265.0	265.0 [2]	132.5	132.5	137.5	137.5 [3]	222.5	232.5	232.5	222.5 [2]	625.0	9	64.656875	19
3	MOHAMMED BILAL	15-09-1999	IDK	151	98.40	0.105397	220.0	235.0	250.0	250.0 [3]	120.0	130.0	137.5	137.5 [2]	210.0	215.0	215.0	215.0 [3]	602.5	8	63.501693	23
4	SREEJESH RAHI	22-11-2001	PKD	157	96.70	0.106310	200.0	210.0	217.5	210.0 [4]	95.0	107.5	107.5	95.0 [6]	195.0	205.0	205.0	195.0 [4]	500.0	7	53.155000	33
5	SHAJEER SALEEM	11-04-2003	PTA	150	93.60	0.108086	150.0	165.0	182.5	165.0 [5]	90.0	100.0	110.0	110.0 [4]	160.0	175.0	187.5	187.5 [5]	462.5	6	49.989775	40
6	ROMY J S	17-01-2003	TVM	156	98.30	0.105450	140.0	147.5	152.5	152.5 [6]	60.0	65.0	72.5	72.5 [7]	150.0	157.5	167.5	167.5 [7]	392.5	5	41.389125	46
7	AJAY KV	09-01-2003	KSD	154	95.60	0.106923	130.0	130.0	140.0	140.0 [7]	60.0	60.0	60.0	60.0 [8]	150.0	160.0	170.0	170.0 [6]	370.0	4	39.561510	49
-	MUHAMMED SHAN C	15-12-2003	KNR	113	94.40	0.107613	155.0	155.0	155.0	-	95.0	100.0	105.0	105.0 [5]	X	X	X	-	-	-	-	-
-	SUFAIL T	23-06-2001	KNR	155	99.70	0.104726	260.0	260.0	260.0	-	X	X	X	-	X	X	X	-	-	-	-	-
120kg - Junior																						
1	CHETHAS MOHAN	11-05-2001	KNR	167	105.50	0.101993	260.0	272.5	287.5	287.5 [2]	130.0	140.0	150.0	150.0 [1]	225.0	237.5	242.5	242.5 [1]	680.0	12	69.355240	14
2	DURGA DATH	19-04-2000	ALP	166	109.00	0.100526	260.0	280.0	300.0	300.0 [1]	130.0	142.5	152.5	142.5 [2]	220.0	232.5	232.5	232.5 [2]	675.0	9	67.855050	17
3	MUHAMMED M	10-01-2002	KSD	168	119.10	0.096927	100.0	120.0	X	120.0 [3]	50.0	65.0	65.0	50.0 [3]	100.0	112.5	145.0	145.0 [3]	315.0	8	30.532005	51
120+Kg - Junior																						
1	NABEEL V.J	28-04-2003	TCR	174	123.50	0.095604	220.0	237.5	X	237.5 [1]	130.0	X	X	130.0 [1]	200.0	210.0	210.0	200.0 [2]	567.5	12	54.255270	31
2	GOUTHAM SANKAR A	18-06-1999	TVM	175	122.80	0.095806	190.0	200.0	205.0	205.0 [2]	90.0	95.0	100.0	100.0 [2]	170.0	175.0	180.0	175.0 [3]	480.0	9	45.986880	42
3	NIBIN KRISHNA	03-05-2002	KTM	176	120.20	0.096583	160.0	162.5	172.5	172.5 [4]	80.0	85.0	90.0	85.0 [3]	180.0	200.0	210.0	200.0 [1]	457.5	8	44.186723	43
4	ASHWIN JOHN	01-11-1999	KTM	177	120.60	0.096461	160.0	170.0	180.0	180.0 [3]	65.0	72.5	72.5	72.5 [4]	160.0	170.0	180.0	170.0 [4]	422.5	7	40.754773	47

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	RAHUL SAJI	ALP	66kg	66.00	0.133945	625.0	83.715625
2	ANANTHAKRISHNA K S	ALP	83kg	81.10	0.117066	692.5	81.068205
3	AKASH T O	ALP	74kg	70.40	0.128082	627.5	80.371455

Team Championship - Junior				
Place	Team	Points	Best Points	IPF GL Points
1	ALAPPUZHA	60	12+12+12+12+12	390.046516
2	THIRUVANANTHAPURAM	44	9+9+9+9+8	330.081331
3	KOZHIKODE	34	12+9+7+6	238.802283
4	KANNUR	32	12+12+5+3	247.899595
5	PATHANAMTHITTA	32	8+7+6+6+5	286.715706
6	THRISSUR	27	12+8+7	181.963803

Team Championship - Junior					
Place		Team	Points	Best Points	IPF GL Points
7	IDUKKI		27	9+8+6+4	219.474179
8	KOTTAYAM		26	8+7+6+5	179.841971
9	KASARAGOD		20	8+8+4	131.605713
10	PALAKKAD		12	7+5	94.842910
11	KOLLAM		11	7+4	100.436330
12	WAYANAD		8	8	72.209280
13	MALAPPURAM		7	7	51.159150

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
66kg - Master 1																						
1	NIKILESH M	25-05-1977	TVM	72	65.90	0.134089	180.0	190.0	200.0	200.0 [1]	80.0	90.0	97.5	90.0 [2]	190.0	200.0	210.0	210.0 [1]	500.0	12	67.044500	2 <u>🏆</u>
2	SAI SANTHOSH	13-02-1978	KNR	71	66.00	0.133945	160.0	160.0	160.0	160.0 [2]	110.0	117.5	122.5	122.5 [1]	140.0	150.0	160.0	150.0 [2]	432.5	9	57.931213	10
74kg - Master 1																						
1	JUSTIN DAS D	05-05-1977	TVM	97	73.50	0.124474	170.0	180.0	190.0	190.0 [1]	100.0	107.5	112.5	112.5 [1]	170.0	180.0	190.0	180.0 [1]	482.5	12	60.058705	5
2	SURESH KUMAR SR	05-05-1980	KSD	98	68.80	0.130106	120.0	130.0	135.0	120.0 [2]	80.0	82.5	85.0	85.0 [2]	120.0	130.0	140.0	140.0 [2]	345.0	9	44.886570	13
3	JAYAN M	03-01-1974	KNR	96	68.90	0.129976	100.0	110.0	120.0	120.0 [3]	55.0	60.0	70.0	60.0 [3]	120.0	130.0	140.0	140.0 [3]	320.0	8	41.592320	14
83kg - Master 1																						
1	SHAINILLABDHEEN M	30-04-1979	KLM	118	81.70	0.116554	210.0	225.0	235.0	235.0 [1]	80.0	82.5	X	80.0 [4]	210.0	230.0	240.0	230.0 [1]	545.0	12	63.521930	4
2	SUJITH M	26-03-1980	ALP	117	77.35	0.120492	210.0	225.0	235.0	225.0 [2]	100.0	112.5	122.5	112.5 [1]	190.0	205.0	210.0	205.0 [2]	542.5	9	65.366910	3 <u>🏆</u>
3	BINUKUMAR R	18-03-1974	TVM	120	81.10	0.117066	200.0	210.0	210.0	210.0 [3]	85.0	90.0	95.0	90.0 [3]	190.0	197.5	202.5	197.5 [3]	497.5	8	58.240335	9
4	MURALIKRISHNADAS PV	18-05-1981	KSD	121	80.80	0.117325	160.0	180.0	200.0	180.0 [4]	90.0	100.0	X	100.0 [2]	180.0	200.0	200.0	180.0 [4]	460.0	7	53.969500	11
-	MURALEEDHARAN D	14-05-1978	KLM	119	79.40	0.118568	140.0	140.0	140.0	-	X	X	X	-	X	X	X	-	-	-	-	-
93kg - Master 1																						
1	SUGESH KUMAR N C	28-05-1976	KNR	141	93.00	0.108448	190.0	210.0	230.0	230.0 [1]	115.0	130.0	142.5	130.0 [1]	170.0	180.0	190.0	190.0 [2]	550.0	12	59.646400	6
2	RADHAKRISHNAN R	20-05-1982	TVM	142	83.40	0.115155	190.0	200.0	210.0	210.0 [2]	95.0	105.0	115.0	115.0 [2]	70.0	190.0	225.0	190.0 [1]	515.0	9	59.304825	7
3	ANEESH K.A	28-05-1980	EKM	140	82.10	0.116218	130.0	145.0	155.0	145.0 [3]	105.0	110.0	120.0	110.0 [3]	160.0	170.0	X	170.0 [3]	425.0	8	49.392650	12
105kg - Master 1																						
1	MIDHUN KUMAR A	09-07-1982	KKD	159	103.80	0.102753	260.0	282.5	295.0	260.0 [1]	160.0	170.0	185.0	170.0 [1]	240.0	250.0	265.0	250.0 [1]	680.0	12	69.872040	1 <u>🏆</u>
120kg - Master 1																						
1	LIJU VARGHESE	19-01-1980	EKM	169	108.30	0.100810	120.0	X	X	120.0 [1]	100.0	X	X	100.0 [1]	120.0	120.0	X	120.0 [1]	340.0	12	34.275400	16
120+Kg - Master 1																						
1	SARATHKUMAR R	03-10-1975	ALP	178	120.20	0.096583	180.0	X	X	180.0 [1]	170.0	180.0	X	180.0 [1]	250.0	270.0	X	250.0 [1]	610.0	12	58.915630	8
2	SYAM KUMAR K V	08-10-1981	KLM	179	124.70	0.095265	160.0	170.0	200.0	170.0 [2]	90.0	100.0	105.0	100.0 [2]	160.0	180.0	180.0	160.0 [2]	430.0	9	40.963950	15

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	MIDHUN KUMAR A	KKD	105kg	103.80	0.102753	680.0	69.872040
2	NIKILESH M	TVM	66kg	65.90	0.134089	500.0	67.044500

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
3	SUJITH M	ALP	83kg	77.35	0.120492	542.5	65.366910

Team Championship - Master 1				
Place	Team	Points	Best Points	IPF GL Points
1	THIRUVANANTHAPURAM	41	12+12+9+8	244.648365
2	KANNUR	29	12+9+8	159.169933
3	ALAPPUZHA	21	12+9	124.282540
4	KOLLAM	21	12+9	104.485880
5	ERNAKULAM	20	12+8	83.668050
6	KASARAGOD	16	9+7	98.856070
7	KOZHIKODE	12	12	69.872040

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
59kg - Master 2																						
1	RAJAGOPALAN V	28-04-1965	KKD	48	57.90	0.147748	140.0	150.0	160.0	160.0 [1]	90.0	100.0	402.5	100.0 [1]	160.0	170.0	175.0	175.0 [1]	435.0	12	64.270380	1 
2	BABU V	03-11-1964	TVM	47	54.80	0.154421	125.0	135.0	145.0	145.0 [2]	75.0	80.0	X	80.0 [2]	160.0	165.0	X	165.0 [2]	390.0	9	60.224190	3 
66kg - Master 2																						
1	ANIL KUMAR M P	05-05-1967	KKD	74	59.30	0.145020	165.0	475.0	475.0	165.0 [1]	70.0	77.5	80.0	77.5 [1]	180.0	187.5	495.0	187.5 [1]	430.0	12	62.358600	2 
74kg - Master 2																						
1	AJITH KUMAR	20-04-1963	KKD	99	73.65	0.124309	145.0	160.0	170.0	170.0 [1]	97.5	102.5	405.0	102.5 [1]	155.0	170.0	175.0	175.0 [1]	447.5	12	55.628278	4
2	SANJAY PRASAD	05-05-1972	TVM	90	69.50	0.129206	450.0	150.0	460.0	150.0 [2]	85.0	92.5	92.5	92.5 [2]	150.0	160.0	165.0	165.0 [2]	407.5	9	52.651445	5
93kg - Master 2																						
1	VINOD P.M	26-09-1971	TCR	144	85.10	0.113826	100.0	X	X	100.0 [1]	70.0	80.0	82.5	80.0 [1]	160.0	X	X	160.0 [1]	340.0	12	38.700840	9
105kg - Master 2																						
1	SUGATHAN K	24-05-1966	TVM	161	99.20	0.104982	130.0	145.0	160.0	160.0 [1]	100.0	440.0	440.0	100.0 [2]	140.0	160.0	170.0	170.0 [2]	430.0	12	45.142260	7
2	SABIR A	20-04-1965	ALP	160	94.00	0.107848	130.0	X	X	130.0 [2]	90.0	100.0	X	100.0 [1]	160.0	170.0	180.0	180.0 [1]	410.0	9	44.217680	8
120kg - Master 2																						
1	MATHEW T J	30-05-1969	KKD	170	113.80	0.098708	200.0	X	X	200.0 [1]	105.0	120.0	X	120.0 [1]	180.0	200.0	X	200.0 [1]	520.0	12	51.328160	6

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	RAJAGOPALAN V	KKD	59kg	57.90	0.147748	435.0	64.270380
2	ANIL KUMAR M P	KKD	66kg	59.30	0.145020	430.0	62.358600
3	BABU V	TVM	59kg	54.80	0.154421	390.0	60.224190

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
1	KOZHIKODE	48	12+12+12+12	233.585418
2	THIRUVANANTHAPURAM	30	12+9+9	158.017895
3	THRISSUR	12	12	38.700840
4	ALAPPUZHA	9	9	44.217680

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
59kg - Master 3																						
1	SEBASTIAN I	12-11-1954	TVM	51	57.00	0.149591	140.0	150.0	160.0	150.0 [1]	70.0	77.5	X	70.0 [1]	140.0	160.0	170.0	170.0 [1]	390.0	12	58.340490	1 
2	GIRIDHARA GHOSH	28-10-1962	EKM	50	56.90	0.149800	100.0	115.0	115.0	115.0 [2]	55.0	60.0	65.0	60.0 [2]	130.0	140.0	145.0	145.0 [2]	320.0	9	47.936000	5
66kg - Master 3																						
1	SUDHAKARAN P	25-05-1962	MPM	76	64.00	0.136947	120.0	135.0	150.0	150.0 [1]	70.0	75.0	80.0	80.0 [1]	135.0	150.0	160.0	160.0 [1]	390.0	12	53.409330	2 
2	THOMAS V J	24-03-1962	ALP	75	60.40	0.142989	110.0	120.0	130.0	130.0 [2]	65.0	70.0	75.0	75.0 [2]	120.0	135.0	140.0	135.0 [2]	340.0	9	48.616260	4
83kg - Master 3																						
1	VIKAS T K	28-05-1962	ALP	122	80.90	0.117238	150.0	165.0	X	165.0 [1]	70.0	80.0	85.0	85.0 [1]	150.0	165.0	X	165.0 [1]	415.0	12	48.653770	3 
2	KAILAS K	25-05-1960	TVM	124	76.30	0.121528	90.0	110.0	120.0	120.0 [2]	60.0	70.0	75.0	70.0 [2]	120.0	135.0	150.0	150.0 [2]	340.0	9	41.319520	6
-	SAJEEVAN K	06-04-1961	KNR	123	76.40	0.121428	85.0	85.0	85.0	-	X	X	X	-	X	X	X	-	-	-	-	-

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SEBASTIAN I	TVM	59kg	57.00	0.149591	390.0	58.340490
2	SUDHAKARAN P	MPM	66kg	64.00	0.136947	390.0	53.409330
3	VIKAS T K	ALP	83kg	80.90	0.117238	415.0	48.653770

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
1	THIRUVANANTHAPURAM	21	12+9	99.660010
2	ALAPPUZHA	21	12+9	97.270030
3	MALAPPURAM	12	12	53.409330
4	ERNAKULAM	9	9	47.936000
-	KANNUR	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
59kg - Master 4																						
1	SREENIVASAN K.C	28-08-1950	EKM	52	57.50	0.148558	65.0	70.0	75.0	75.0 [1]	75.0	80.0	85.0	85.0 [1]	85.0	90.0	95.0	95.0 [1]	255.0	12	37.882290	1 

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SREENIVASAN K.C	EKM	59kg	57.50	0.148558	255.0	37.882290

Team Championship - Master 4				
Place	Team	Points	Best Points	IPF GL Points
1	ERNAKULAM	12	12	37.882290

Abbreviations:

ALP = Alappuzha EKM = Ernakulam IDK = Idukki KNR = Kannur KSD = Kasaragod KLM = Kollam KTM = Kottayam KKD = Kozhikode MPM = Malappuram PKD = Palakkad PTA = Pathanamthitta TVM = Thiruvananthapuram TCR = Thrissur WYD = Wayanad