

KSPLA
Kerala State Women's Classic Bench Press Championship 2022
SDV Centenary Auditorium, Alappuzha - 10-12-2022 to 11-12-2022
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
63kg - Open													
1	JEETHU P. ANTONY	19-02-1986	EKM	18	62.50	0.838222	30.0	35.0	37.5	35.0	12	29.337770	2 
2	ARYA C S	09-11-1994	EKM	19	62.50	0.838222	30.0	35.0	35.0	30.0	9	25.146660	5
69kg - Open													
1	AMRUTHA ATHUL	16-01-2002	KNR	27	67.50	0.805408	30.0	35.0	40.0	35.0	12	28.189280	3 
76kg - Open													
1	MANJUSHA S	22-03-1982	ALP	34	71.40	0.785977	80.0	90.0	97.5	97.5	12	76.632758	1 
2	DIVYA NANDHIKA	30-07-1990	EKM	32	73.20	0.778409	30.0	35.0	35.0	35.0	9	27.244315	4
3	SHEBEENA SHEFI	23-02-1985	EKM	33	71.50	0.785535	25.0	27.5	30.0	30.0	8	23.566050	6

Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	MANJUSHA S	ALP	76kg	71.40	0.785977	97.5	76.632758
2	JEETHU P. ANTONY	EKM	63kg	62.50	0.838222	35.0	29.337770
3	AMRUTHA ATHUL	KNR	69kg	67.50	0.805408	35.0	28.189280

Team Championship - Open

Place	Team	Points	Best Points	IPF GL Points
-	ERNAKULAM	-	-	105.294795
-	ALAPPUZHA	-	-	76.632758
-	KANNUR	-	-	28.189280

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
43kg - Sub Junior													
1	NAILA NAJOOB	05-02-2005	EKM	1	43.00	1.185379	22.5	22.5	27.5	27.5	12	32.597923	4
2	ANAKHA PRAVEEN	30-01-2008	ALP	3	43.00	1.185379	20.0	25.0	27.5	20.0	9	23.707580	13
47kg - Sub Junior													
1	ANUGRAHA MARY A.S	13-06-2006	EKM	5	47.00	1.059827	30.0	35.0	40.0	35.0	12	37.093945	1 
52kg - Sub Junior													
1	ARDRA S	08-05-2006	ALP	11	52.00	0.957273	27.5	32.5	37.5	32.5	12	31.111373	6
2	MINERVA A.A	14-01-2010	EKM	13	50.90	0.976184	25.0	30.0	32.5	30.0	9	29.285520	9

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
3	SAMIYA T H	12-08-2010	IDK	9	50.10	0.991075	20.0	22.5	25.0	22.5	8	22.299188	15
57kg - Sub Junior													
1	GRACE JENIT JOY	08-11-2006	EKM	17	53.95	0.927624	20.0	25.0	27.5	25.0	12	23.190600	14
63kg - Sub Junior													
1	AVERIN DCRUZ	18-07-2007	EKM	21	62.05	0.841725	30.0	35.0	37.5	35.0	12	29.460375	8
2	NIDHINA B MANOJ	25-09-2007	ALP	22	58.20	0.876453	30.0	37.5	37.5	30.0	9	26.293590	11
3	ASHWANI HARIKUMAR	10-01-2008	ALP	23	58.50	0.873403	25.0	30.0	30.0	25.0	8	21.835075	16
69kg - Sub Junior													
1	ANJANA ANILKUMAR	07-07-2006	ALP	29	68.70	0.798939	35.0	40.0	42.5	40.0	12	31.957560	5
76kg - Sub Junior													
1	CHANDRALEKHA J	24-04-2009	ALP	36	75.20	0.770870	35.0	40.0	45.0	45.0	12	34.689150	3 <u>☞</u>
2	SANDRA TREASA FRANCIS	26-12-2007	EKM	35	74.20	0.774532	30.0	35.0	37.5	37.5	9	29.044950	10
84kg - Sub Junior													
1	AKHILA A	19-09-2005	EKM	40	76.50	0.766407	32.5	32.5	40.0	32.5	12	24.908228	12
84+Kg - Sub Junior													
1	DEVANANDHA O S	19-07-2004	EKM	47	87.30	0.739402	45.0	50.0	52.5	50.0	12	36.970100	2 <u>☞</u>
2	BRIGITTE SABU	09-05-2007	EKM	46	106.60	0.716707	37.5	42.5	52.5	42.5	9	30.460048	7

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	ANUGRAHA MARY A.S	EKM	47kg	47.00	1.059827	35.0	37.093945
2	DEVANANDHA O S	EKM	84+kg	87.30	0.739402	50.0	36.970100
3	CHANDRALEKHA J	ALP	76kg	75.20	0.770870	45.0	34.689150

Team Championship - Sub Junior				
Place	Team	Points	Best Points	IPF GL Points
-	ERNAKULAM	-	-	166.582391
-	ALAPPUZHA	-	-	147.759253
-	IDUKKI	-	-	22.299188

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
43kg - Junior													
1	ALEENA CYRUS	25-03-2001	ALP	4	42.60	1.201144	25.0	27.5	30.0	27.5	12	33.031460	5
52kg - Junior													
1	AFNAN HIROSH	21-08-2001	KNR	14	51.70	0.962261	40.0	42.5	42.5	40.0	12	38.490440	3 <u>☞</u>
63kg - Junior													
1	ANN MARY ANSEL	11-10-2000	EKM	24	63.00	0.834450	40.0	45.0	45.0	40.0	12	33.378000	4

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
69kg - Junior													
1	ANU HAKEEM	22-07-1999	EKM	30	63.80	0.828663	50.0	55.0	60.0	60.0	12	49.719780	1 
76kg - Junior													
1	CELESTINA ANTONIETTE REBELLO	23-06-2000	EKM	37	71.70	0.784660	50.0	52.5	57.5	57.5	12	45.117950	2 
84kg - Junior													
1	VAISHIKA B H	19-11-2003	KSD	41	77.00	0.764776	40.0	50.0	50.0	40.0	12	30.591040	6
2	LIYA SUJEER	29-03-2001	MPM	39	81.90	0.750954	30.0	32.5	32.5	30.0	9	22.528620	8
84+Kg - Junior													
1	SHIBILA SHERIN	12-03-2002	MPM	48	110.10	0.714462	37.5	42.5	45.0	42.5	12	30.364635	7

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	ANU HAKEEM	EKM	69kg	63.80	0.828663	60.0	49.719780
2	CELESTINA ANTONIETTE REBELLO	EKM	76kg	71.70	0.784660	57.5	45.117950
3	AFNAN HIROSH	KNR	52kg	51.70	0.962261	40.0	38.490440

Team Championship - Junior				
Place	Team	Points	Best Points	IPF GL Points
-	ERNAKULAM	-	-	128.215730
-	MALAPPURAM	-	-	52.893255
-	KANNUR	-	-	38.490440
-	ALAPPUZHA	-	-	33.031460
-	KASARAGOD	-	-	30.591040

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
47kg - Master 1													
1	MARY SIJI	01-01-1980	EKM	7	47.00	1.059827	25.0	30.0	35.0	30.0	12	31.794810	1 
63kg - Master 1													
1	SHAHEENA SAKEER	01-01-1980	MPM	25	59.90	0.859988	25.0	30.0	32.5	32.5	12	27.949610	2 
84kg - Master 1													
1	BINDU P	27-05-1974	KLM	42	81.40	0.752201	30.0	35.0	37.5	35.0	12	26.327035	3 
2	SHEEJA PANACHI	02-05-1973	KNR	43	80.40	0.754800	32.5	35.0	35.0	32.5	9	24.531000	4

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	MARY SIJI	EKM	47kg	47.00	1.059827	30.0	31.794810
2	SHAHEENA SAKEER	MPM	63kg	59.90	0.859988	32.5	27.949610

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
3	BINDU P	KLM	84kg	81.40	0.752201	35.0	26.327035

Team Championship - Master 1				
Place	Team	Points	Best Points	IPF GL Points
-	ERNAKULAM	-	-	31.794810
-	MALAPPURAM	-	-	27.949610
-	KOLLAM	-	-	26.327035
-	KANNUR	-	-	24.531000

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
47kg - Master 2													
1	NICEY K L	07-04-1968	KNR	8	46.90	1.062389	27.5	30.0	32.5	30.0	12	31.871670	3 
63kg - Master 2													
1	INDIRA L	10-05-1967	ALP	26	62.05	0.841725	25.0	32.5	40.0	32.5	12	27.356063	4
76kg - Master 2													
1	SREEJA SAJEEVAN	29-01-1968	KNR	38	71.40	0.785977	37.5	42.5	45.0	42.5	12	33.404023	2 
84+Kg - Master 2													
1	MARY BEENA	31-05-1965	EKM	49	94.20	0.728672	67.5	75.0	77.5	75.0	12	54.650400	1 

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	MARY BEENA	EKM	84+kg	94.20	0.728672	75.0	54.650400
2	SREEJA SAJEEVAN	KNR	76kg	71.40	0.785977	42.5	33.404023
3	NICEY K L	KNR	47kg	46.90	1.062389	30.0	31.871670

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
-	KANNUR	-	-	65.275693
-	ERNAKULAM	-	-	54.650400
-	ALAPPUZHA	-	-	27.356063

Abbreviations:

ALP = Alappuzha EKM = Ernakulam IDK = Idukki KNR = Kannur KSD = Kasaragod KLM = Kollam MPM = Malappuram