

KSPLA
Kerala State Classic Powerlifting Championship 2025
Central Stadium, Thiruvananthapuram - 15-04-2025 to 16-04-2025
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Women																						
Open - 47kg																						
1	ASHIMOL	27-05-1997	TCR	19	46.70	0.278975	110.0	130.0	130.0	130.0 [1]	60.0	65.0	70.0	70.0 [1]	120.0	130.0	140.0	140.0 [1]	340.0	12	94.851500	1 
2	ANUJA RENJ	09-12-2000	ALP	20	44.80	0.291173	55.0	65.0	72.5	72.5 [2]	30.0	32.5	35.0	32.5 [3]	80.0	95.0	102.5	102.5 [2]	207.5	9	60.418398	9
3	ALEENA CYRUS	25-03-2001	ALP	21	40.50	0.326730	45.0	55.0	62.5	62.5 [3]	35.0	40.0	42.5	40.0 [2]	85.0	100.0	100.0	85.0 [3]	187.5	8	61.261875	8
Open - 52kg																						
1	REVATHY PAVITHRAN	17-04-1996	EKM	34	50.10	0.260926	60.0	67.5	70.0	70.0 [1]	30.0	40.0	45.0	45.0 [1]	60.0	70.0	85.0	85.0 [1]	200.0	12	52.185200	16
Open - 57kg																						
1	ATHIRA S	15-11-2000	ALP	48	56.50	0.236131	105.0	110.0	115.0	115.0 [1]	50.0	55.0	57.5	55.0 [1]	120.0	132.5	140.0	132.5 [1]	302.5	12	71.429628	3 
2	ANANDALAKSHMI SAJI	25-08-1997	TVM	47	54.80	0.241804	97.5	107.5	112.5	112.5 [2]	45.0	50.0	52.5	50.0 [2]	100.0	110.0	117.5	110.0 [2]	272.5	9	65.891590	5
3	SISNA ALI	25-03-1998	MPM	45	54.20	0.243946	65.0	67.5	72.5	72.5 [4]	25.0	32.5	35.0	32.5 [4]	82.5	92.5	105.0	105.0 [3]	210.0	8	51.228660	19
4	JANCY T P	15-02-1996	KNR	44	57.00	0.234566	60.0	67.5	75.0	75.0 [3]	35.0	37.5	40.0	40.0 [3]	75.0	82.5	87.5	87.5 [4]	202.5	7	47.499615	21
5	ANU BABU	26-10-1997	PKD	49	57.00	0.234566	30.0	40.0	50.0	50.0 [5]	20.0	22.5	25.0	25.0 [5]	55.0	65.0	80.0	80.0 [5]	155.0	6	36.357730	26
Open - 63kg																						
1	ANAKHA A S	09-06-2002	TVM	62	62.00	0.221077	90.0	90.0	95.0	95.0 [1]	45.0	50.0	55.0	50.0 [1]	105.0	115.0	117.5	117.5 [1]	262.5	12	58.032713	10
2	RASHIGA RAJ	07-07-2001	PKD	63	61.50	0.222270	80.0	85.0	85.0	85.0 [2]	35.0	40.0	45.0	45.0 [2]	100.0	107.5	110.0	110.0 [3]	240.0	9	53.344800	15
3	KAVYA MURUKAN	05-04-2001	ALP	59	58.00	0.231565	60.0	70.0	80.0	80.0 [3]	35.0	40.0	45.0	40.0 [3]	100.0	110.0	112.5	112.5 [2]	232.5	8	53.838863	14
4	APARNA HARIKRISHNAN	10-07-2001	KNR	60	59.70	0.226831	60.0	65.0	70.0	65.0 [4]	25.0	30.0	35.0	35.0 [4]	75.0	85.0	90.0	90.0 [4]	190.0	7	43.097890	24
Open - 69kg																						
1	JOHANA ANN NEBU	06-08-2001	EKM	76	68.00	0.208883	120.0	125.0	130.0	130.0 [1]	55.0	57.5	60.0	57.5 [1]	120.0	122.5	125.0	122.5 [2]	310.0	12	64.753730	6
2	DR. REEM RASHEED	28-03-1987	MPM	78	68.30	0.208362	100.0	110.0	117.5	110.0 [3]	50.0	52.5	52.5	52.5 [2]	125.0	132.5	140.0	132.5 [1]	295.0	9	61.466790	7
3	SOUMIA S	30-05-1986	EKM	75	67.20	0.210310	90.0	100.0	110.0	110.0 [2]	35.0	42.5	45.0	42.5 [4]	100.0	110.0	120.0	120.0 [3]	272.5	8	57.309475	11
4	AISWARYA M N	23-01-1998	KNR	77	67.80	0.209235	80.0	90.0	100.0	100.0 [4]	40.0	47.5	52.5	47.5 [3]	100.0	110.0	127.5	110.0 [4]	257.5	7	53.878013	13
Open - 76kg																						
1	ANUPAMA B	30-01-2001	KLM	95	75.00	0.198405	90.0	100.0	107.5	107.5 [1]	30.0	35.0	40.0	40.0 [3]	100.0	110.0	115.0	115.0 [1]	262.5	12	52.081313	17
2	MONISHA N S	14-10-1992	ALP	97	69.70	0.206023	80.0	80.0	90.0	90.0 [3]	35.0	40.0	50.0	40.0 [2]	80.0	100.0	110.0	110.0 [2]	240.0	9	49.445520	20
3	FATHIMA NASRI V	10-09-1999	KKD	96	74.50	0.199050	90.0	97.5	105.0	97.5 [2]	40.0	42.5	42.5	42.5 [1]	85.0	97.5	105.0	97.5 [4]	237.5	8	47.274375	22
4	VAISHNAVI ANILKUMAR	14-07-2000	EKM	93	71.60	0.203082	60.0	65.0	65.0	65.0 [5]	30.0	35.0	35.0	30.0 [4]	80.0	90.0	100.0	100.0 [3]	195.0	7	39.600990	25
-	SREEDEVI K U	13-05-1996	EKM	94	74.60	0.198919	65.0	75.0	80.0	80.0 [4]	40.0	40.0	40.0	-	X	X	X	-	-	-	-	-
Open - 84kg																						
1	LINCY SOLOMAN	27-08-1998	TVM	115	83.90	0.188937	150.0	162.5	162.5	162.5 [1]	62.5	70.0	72.5	72.5 [1]	130.0	142.5	145.0	142.5 [1]	377.5	12	71.323718	4
2	AISHU A	29-10-1997	KNR	114	83.40	0.189382	100.0	115.0	127.5	127.5 [2]	40.0	45.0	47.5	45.0 [2]	100.0	110.0	120.0	120.0 [2]	292.5	9	55.394235	12
3	RENJITHA RAJU	11-10-1997	ALP	116	82.50	0.190206	65.0	70.0	75.0	70.0 [3]	25.0	27.5	30.0	30.0 [3]	65.0	75.0	80.0	80.0 [3]	180.0	8	34.237080	28

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Open - 84+Kg																						
1	POOJA RATNAKAR BHATT	22-06-1991	TVM	132	116.40	0.172346	135.0	150.0	160.0	160.0 [1]	60.0	75.0	80.0	80.0 [1]	155.0	170.0	180.0	180.0 [1]	420.0	12	72.385320	2 
2	ASWATHY M NAIR	12-03-1997	TVM	133	85.60	0.187487	100.0	110.0	115.0	115.0 [2]	30.0	35.0	40.0	40.0 [3]	100.0	120.0	130.0	120.0 [2]	275.0	9	51.558925	18
3	KAVYA K R	08-04-2000	KKD	134	86.60	0.186678	80.0	90.0	100.0	90.0 [3]	35.0	40.0	42.5	42.5 [2]	82.5	95.0	105.0	105.0 [3]	237.5	8	44.336025	23
4	ARYA KRISHNA	01-03-2001	ALP	135	93.00	0.182179	50.0	55.0	65.0	65.0 [4]	25.0	35.0	37.5	37.5 [4]	60.0	80.0	90.0	90.0 [4]	192.5	7	35.069458	27

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	ASHIMOL	TCR	47kg	46.70	0.278975	340.0	94.851500
2	POOJA RATNAKAR BHATT	TVM	84+kg	116.40	0.172346	420.0	72.385320
3	ATHIRA S	ALP	57kg	56.50	0.236131	302.5	71.429628

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	THIRUVANANTHAPURAM	54	12+12+12+9+9	319.192266
2	ALAPPUZHA	46	12+9+9+8+8	296.394284
3	ERNAKULAM	39	12+12+8+7	213.849395
4	KANNUR	30	9+7+7+7	199.869753
5	MALAPPURAM	17	9+8	112.695450
6	KOZHIKODE	16	8+8	91.610400
7	PALAKKAD	15	9+6	89.702530
8	THRISSUR	12	12	94.851500
9	KOLLAM	12	12	52.081313

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Sub Junior - 43kg																						
1	MEENAKSHI RAVI	26-09-2008	EKM	11	42.10	0.311968	55.0	60.0	67.5	67.5 [1]	25.0	30.0	35.0	30.0 [1]	85.0	95.0	100.0	95.0 [1]	192.5	12	60.053840	6
2	DIYA K V	20-08-2009	PKD	14	40.50	0.326730	40.0	50.0	55.0	50.0 [2]	22.5	25.0	27.5	25.0 [2]	60.0	70.0	75.0	70.0 [3]	145.0	9	47.375850	18
3	MALAVIKA K	20-07-2010	PKD	13	42.10	0.311968	40.0	40.0	45.0	45.0 [4]	20.0	25.0	25.0	20.0 [5]	60.0	72.5	77.5	72.5 [2]	137.5	8	42.895600	22
4	JIYA S JENSON	27-02-2012	KLM	12	41.90	0.313703	40.0	45.0	45.0	45.0 [3]	20.0	20.0	22.5	20.0 [4]	45.0	50.0	52.5	50.0 [5]	115.0	7	36.075845	30
5	DEBORAH EASO JOHN	15-12-2007	PTA	15	41.30	0.319089	20.0	25.0	30.0	30.0 [5]	20.0	22.5	25.0	22.5 [3]	45.0	55.0	60.0	60.0 [4]	112.5	6	35.897513	31
Sub Junior - 47kg																						
1	ANAKHA PRAVEEN	30-01-2008	ALP	28	46.30	0.281400	67.5	72.5	77.5	72.5 [1]	35.0	40.0	42.5	42.5 [1]	80.0	92.5	102.5	92.5 [3]	207.5	12	58.390500	7
2	ARYA K	10-10-2007	PKD	24	46.60	0.279574	70.0	75.0	75.0	70.0 [3]	30.0	30.0	35.0	30.0 [3]	82.5	92.5	107.5	107.5 [1]	207.5	9	58.011605	8
3	MARY JASMIN	20-09-2007	EKM	25	43.30	0.302158	55.0	60.0	70.0	70.0 [2]	25.0	25.0	30.0	30.0 [2]	90.0	100.0	105.0	100.0 [2]	200.0	8	60.431600	5
4	HRIDYA H	01-02-2010	KLM	26	46.90	0.277788	60.0	65.0	70.0	65.0 [4]	30.0	37.5	40.0	30.0 [4]	75.0	85.0	87.5	85.0 [4]	180.0	7	50.001840	13
5	AHALYA R	24-02-2012	MPM	23	45.70	0.285176	40.0	50.0	55.0	55.0 [5]	20.0	22.5	22.5	22.5 [5]	65.0	75.0	85.0	75.0 [5]	152.5	6	43.489340	21
6	ANJANA KR	17-05-2007	MPM	22	44.60	0.292563	25.0	25.0	30.0	30.0 [6]	20.0	20.0	X	20.0 [6]	40.0	50.0	60.0	60.0 [6]	110.0	5	32.181930	36

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Sub Junior - 52kg																						
1	SAHADIYA FATHIMA	17-03-2009	KLM	37	49.90	0.261875	92.5	102.5	110.0	110.0 [1]	45.0	50.0	55.0	55.0 [1]	127.5	137.5	142.5	142.5 [1]	307.5	12	80.526563	1 
2	AVANI S S	28-05-2010	TVM	40	51.60	0.254195	65.0	70.0	75.0	75.0 [2]	37.5	42.5	45.0	42.5 [2]	90.0	100.0	105.0	100.0 [2]	217.5	9	55.287413	9
3	ARDHRA KS	13-11-2008	PKD	36	47.80	0.272658	55.0	65.0	65.0	65.0 [3]	25.0	27.5	30.0	30.0 [3]	70.0	82.5	95.0	82.5 [3]	177.5	8	48.396795	17
4	ALFIYA ANSAR	22-02-2007	ALP	41	52.00	0.252508	30.0	42.5	55.0	55.0 [5]	20.0	27.5	35.0	27.5 [4]	60.0	70.0	80.0	80.0 [4]	162.5	7	41.032550	24
5	ANUSREE HH	26-04-2010	MPM	35	50.70	0.258154	47.5	55.0	60.0	60.0 [4]	20.0	20.0	22.5	22.5 [7]	60.0	72.5	82.5	72.5 [7]	155.0	6	40.013870	26
6	ABINA P S	11-10-2010	EKM	38	51.30	0.255489	35.0	45.0	50.0	50.0 [6]	22.5	25.0	27.5	25.0 [5]	60.0	65.0	75.0	75.0 [5]	150.0	5	38.323350	27
7	KRISHNA PRIYA C S	20-05-2010	EKM	39	47.80	0.272658	25.0	35.0	40.0	40.0 [7]	20.0	22.5	25.0	22.5 [6]	50.0	60.0	72.5	72.5 [6]	135.0	4	36.808830	29
Sub Junior - 57kg																						
1	ANUSREE K R	04-11-2007	PKD	50	56.30	0.236769	100.0	107.5	112.5	112.5 [1]	35.0	37.5	40.0	40.0 [3]	110.0	110.0	117.5	117.5 [1]	270.0	12	63.927630	4
2	SHAMILA BANU	19-08-2008	KLM	51	54.60	0.242510	70.0	77.5	90.0	77.5 [2]	37.5	42.5	47.5	42.5 [2]	75.0	85.0	97.5	97.5 [2]	217.5	9	52.745925	11
3	SIVANI A	06-03-2009	TVM	52	52.80	0.249259	55.0	62.5	72.5	72.5 [3]	40.0	40.0	45.0	45.0 [1]	70.0	80.0	97.5	80.0 [3]	197.5	8	49.228653	15
Sub Junior - 63kg																						
1	AKARSHA MOHANLAL	27-09-2008	KLM	65	63.00	0.218783	70.0	80.0	90.0	90.0 [1]	30.0	37.5	40.0	37.5 [2]	80.0	92.5	100.0	100.0 [1]	227.5	12	49.773133	14
2	DEVIKA A	11-03-2008	KNR	66	57.50	0.233044	60.0	72.5	82.5	72.5 [2]	37.5	40.0	42.5	42.5 [1]	82.5	95.0	110.0	95.0 [2]	210.0	9	48.939240	16
3	SADHIKA PJ	16-07-2007	KLM	64	58.90	0.229004	40.0	62.5	70.0	62.5 [3]	20.0	25.0	30.0	30.0 [3]	50.0	70.0	72.5	72.5 [3]	165.0	8	37.785660	28
Sub Junior - 69kg																						
1	NAKSHATRA ANIYERI	12-03-2012	KNR	79	66.20	0.212172	70.0	80.0	90.0	90.0 [1]	30.0	40.0	42.5	42.5 [1]	85.0	95.0	105.0	105.0 [1]	237.5	12	50.390850	12
2	AALIYA S	10-06-2010	TVM	80	65.30	0.213927	70.0	75.0	80.0	80.0 [2]	25.0	30.0	35.0	30.0 [2]	80.0	80.0	90.0	80.0 [2]	190.0	9	40.646130	25
3	ABHINA S	29-09-2008	ALP	81	67.50	0.209768	57.5	60.0	62.5	62.5 [3]	20.0	25.0	30.0	30.0 [3]	60.0	65.0	67.5	67.5 [3]	160.0	8	33.562880	32
Sub Junior - 76kg																						
1	CHANDRALEKHA J	24-04-2009	ALP	100	76.00	0.197156	115.0	125.0	130.0	130.0 [1]	55.0	65.0	72.5	65.0 [1]	115.0	125.0	135.0	135.0 [1]	330.0	12	65.061480	2 
2	SATHIKA AJI M	17-02-2009	TVM	99	74.00	0.199708	80.0	92.5	100.0	100.0 [2]	40.0	45.0	50.0	50.0 [2]	90.0	110.0	115.0	115.0 [2]	265.0	9	52.922620	10
3	SAFA T S	20-07-2008	PKD	98	74.50	0.199050	90.0	97.5	97.5	90.0 [3]	27.5	32.5	37.5	32.5 [3]	90.0	97.5	102.5	102.5 [3]	225.0	8	44.786250	19
Sub Junior - 84kg																						
1	GOWRIKRISHNA R S	08-04-2008	TVM	120	83.30	0.189472	115.0	127.5	135.0	127.5 [1]	65.0	72.5	77.5	77.5 [1]	125.0	135.0	142.5	135.0 [1]	340.0	12	64.420480	3 
2	HARSHINI B	14-03-2007	PKD	118	78.60	0.194149	60.0	75.0	82.5	82.5 [2]	27.5	30.0	35.0	30.0 [2]	80.0	90.0	100.0	100.0 [2]	212.5	9	41.256663	23
3	FARHANA S	29-04-2007	PKD	117	81.60	0.191061	42.5	55.0	60.0	60.0 [3]	25.0	27.5	30.0	30.0 [3]	60.0	70.0	80.0	80.0 [3]	170.0	8	32.480370	35
Sub Junior - 84+Kg																						
1	ANCY ANTONY	08-02-2007	TVM	138	104.50	0.176345	70.0	85.0	95.0	95.0 [1]	40.0	47.5	52.5	47.5 [1]	70.0	90.0	105.0	105.0 [1]	247.5	12	43.645388	20
2	FATHIMA IRFANA V A	04-01-2007	PKD	136	90.50	0.183808	50.0	60.0	67.5	67.5 [2]	25.0	30.0	32.5	32.5 [2]	60.0	80.0	90.0	80.0 [3]	180.0	9	33.085440	34
3	JANVI ANIL	11-08-2009	KNR	119	86.20	0.186998	55.0	57.5	62.5	62.5 [3]	25.0	30.0	35.0	30.0 [3]	70.0	85.0	92.5	85.0 [2]	177.5	8	33.192145	33

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SAHADIYA FATHIMA	KLM	52kg	49.90	0.261875	307.5	80.526563
2	CHANDRALEKHA J	ALP	76kg	76.00	0.197156	330.0	65.061480
3	GOWRIKRISHNA R S	TVM	84kg	83.30	0.189472	340.0	64.420480

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	ABHIRAMI S	08-10-2006	KKD	106	76.00	0.197156	100.0	115.0	125.0	115.0 [1]	45.0	50.0	52.5	52.5 [1]	100.0	110.0	117.5	110.0 [2]	277.5	12	54.710790	14
2	GAYATRI N	09-07-2003	TVM	104	76.00	0.197156	65.0	80.0	87.5	87.5 [2]	40.0	40.0	42.5	40.0 [3]	100.0	107.5	115.0	115.0 [1]	242.5	9	47.810330	17
3	SHINI PRAJISH KUMAR	13-07-2006	KNR	103	76.00	0.197156	70.0	80.0	85.0	80.0 [3]	30.0	35.0	40.0	35.0 [4]	92.5	100.0	102.5	102.5 [3]	217.5	8	42.881430	21
4	NAINA ABDULKHADER	18-07-2006	TCR	105	72.70	0.201491	70.0	80.0	85.0	70.0 [4]	40.0	45.0	45.0	40.0 [2]	90.0	97.5	117.5	97.5 [4]	207.5	7	41.809383	22
5	SANJANA MV	12-09-2005	KNR	102	73.30	0.200656	50.0	55.0	60.0	55.0 [5]	20.0	25.0	32.5	25.0 [5]	65.0	70.0	75.0	75.0 [5]	155.0	6	31.101680	28
Junior - 84kg																						
1	SREELAKSHMI K S	21-11-2005	EKM	122	82.00	0.190678	120.0	130.0	140.0	140.0 [1]	55.0	62.5	67.5	67.5 [1]	135.0	140.0	145.0	145.0 [1]	352.5	12	67.213995	4
2	SNEHA K R	24-07-2006	KKD	124	83.20	0.189563	110.0	120.0	125.0	120.0 [3]	55.0	60.0	62.5	62.5 [2]	120.0	130.0	135.0	130.0 [3]	312.5	9	59.238438	12
3	DEVIKA K M	18-05-2006	KNR	121	77.90	0.194927	100.0	110.0	122.5	122.5 [2]	37.5	40.0	42.5	42.5 [3]	130.0	140.0	147.5	140.0 [2]	305.0	8	59.452735	11
Junior - 84+Kg																						
1	ABHIRAMI S	04-11-2003	TVM	141	93.30	0.181994	150.0	165.0	180.0	180.0 [1]	70.0	80.0	80.0	70.0 [1]	160.0	172.5	185.0	172.5 [1]	422.5	12	76.892465	1 
2	NAMITHA P V	25-03-2006	KNR	139	92.70	0.182367	110.0	120.0	130.0	130.0 [2]	60.0	65.0	70.0	65.0 [2]	100.0	110.0	115.0	115.0 [2]	310.0	9	56.533770	13
3	DIVYA B	23-02-2002	TVM	140	91.00	0.183470	90.0	100.0	110.0	110.0 [3]	35.0	40.0	45.0	45.0 [3]	90.0	100.0	110.0	110.0 [3]	265.0	8	48.619550	16
-	DEVIPRIYA KC	16-04-2004	TVM	1	86.40	0.186838	60.0	60.0	60.0	-	X	X	X	-	X	X	X	-	-	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	INDIRA L	10-05-1967	ALP	129	62.30	0.220377	85.0	85.0	95.0	95.0 [1]	40.0	45.0	45.0	45.0 [1]	120.0	130.0	135.0	130.0 [1]	270.0	12	59.501790	2 
2	ANNIE JOSEPH	26-10-1971	EKM	73	61.70	0.221789	55.0	60.0	65.0	65.0 [3]	30.0	35.0	40.0	35.0 [2]	90.0	100.0	107.5	107.5 [2]	207.5	9	46.021218	5
3	APARNA LAVAKUMAR	09-09-1975	TCR	74	62.70	0.219459	50.0	60.0	70.0	70.0 [2]	25.0	32.5	35.0	35.0 [3]	80.0	80.0	85.0	85.0 [3]	190.0	8	41.697210	6
Master 2 - 69kg																						
1	SHEEJA CP	11-01-1972	KNR	91	67.30	0.210129	65.0	70.0	75.0	75.0 [1]	27.5	30.0	32.5	32.5 [1]	77.5	87.5	92.5	87.5 [1]	195.0	12	40.975155	8
2	MAYADEVI R	26-03-1966	ALP	92	66.30	0.211982	40.0	40.0	40.0	40.0 [2]	30.0	32.5	32.5	30.0 [2]	65.0	75.0	75.0	65.0 [2]	135.0	9	28.617570	9
Master 2 - 84kg																						
1	ANCY JOSEPH	29-01-1967	KNR	131	82.30	0.190394	60.0	70.0	75.0	75.0 [1]	30.0	35.0	42.5	42.5 [1]	70.0	90.0	100.0	100.0 [1]	217.5	12	41.410695	7
Master 2 - 84+Kg																						
1	SHEEJA PANACHI	02-05-1973	KNR	143	84.60	0.188328	60.0	80.0	90.0	90.0 [1]	42.5	45.0	47.5	47.5 [1]	100.0	110.0	120.0	120.0 [1]	257.5	12	48.494460	4

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SMITHA THOMAS	TCR	47kg	46.20	0.282018	252.5	71.209545
2	INDIRA L	ALP	63kg	62.30	0.220377	270.0	59.501790
3	VIJAYAM K	EKM	52kg	50.30	0.259990	187.5	48.748125

Team Championship - Master 2					
Place	Team	Points	Best Points	IPF GL Points	
1	KANNUR	36	12+12+12	130.880310	
2	ERNAKULAM	21	12+9	94.769343	
3	ALAPPUZHA	21	12+9	88.119360	
4	THRISSUR	20	12+8	112.906755	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 3 - 76kg																						
1	REENI THARAKAN	03-08-1960	EKM	112	71.70	0.202934	60.0	60.0	65.0	65.0 [1]	35.0	37.5	40.0	37.5 [2]	75.0	85.0	95.0	95.0 [1]	197.5	12	40.079465	2 
2	KUSALA KUMARI	23-05-1964	ALP	113	76.00	0.197156	40.0	40.0	50.0	50.0 [2]	30.0	35.0	40.0	40.0 [1]	60.0	75.0	92.5	92.5 [2]	182.5	9	35.980970	3 
Master 3 - 84+Kg																						
1	MARY BEENA	31-05-1965	EKM	145	96.00	0.180415	125.0	135.0	145.0	145.0 [1]	55.0	60.0	65.0	65.0 [1]	135.0	145.0	150.0	150.0 [1]	360.0	12	64.949400	1 
2	LUSIA CHARLES FERNANDEZ	31-05-1965	KLM	144	87.00	0.186364	40.0	45.0	50.0	50.0 [2]	25.0	25.0	30.0	30.0 [2]	50.0	60.0	70.0	70.0 [2]	150.0	9	27.954600	4

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	MARY BEENA	EKM	84+kg	96.00	0.180415	360.0	64.949400
2	REENI THARAKAN	EKM	76kg	71.70	0.202934	197.5	40.079465
3	KUSALA KUMARI	ALP	76kg	76.00	0.197156	182.5	35.980970

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
1	ERNAKULAM	24	12+12	105.028865
2	ALAPPUZHA	9	9	35.980970
3	KOLLAM	9	9	27.954600

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 4 - 47kg																						
1	DR. JAYASREE G	20-05-1951	ALP	33	45.30	0.287791	30.0	30.0	40.0	30.0 [1]	20.0	22.5	22.5	20.0 [1]	40.0	50.0	60.0	60.0 [1]	110.0	12	31.657010	1 🏆

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	DR. JAYASREE G	ALP	47kg	45.30	0.287791	110.0	31.657010

Team Championship - Master 4				
Place	Team	Points	Best Points	IPF GL Points
1	ALAPPUZHA	12	12	31.657010

Abbreviations:

ALP = Alappuzha EKM = Ernakulam KNR = Kannur KLM = Kollam KKD = Kozhikode MPM = Malappuram PKD = Palakkad PTA = Pathanamthitta TVM = Thiruvananthapuram TCR = Thrissur