

**KSPLA**  
**Kerala State Sub Junior & Junior Men's Equipped Powerlifting Championship 2024**  
**University College, Thiruvananthapuram - 17-05-2024 to 19-05-2024**  
**Final Results**

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
<b>Men</b>																						
<b>Sub Junior - 53kg</b>																						
1	AL SABITH A S	21-04-2007	TVM	2	52.70	0.159515	140.0	<del>152.5</del>	<del>152.5</del>	140.0 [1]	40.0	<del>50.0</del>	50.0	50.0 [5]	140.0	152.5	<del>170.0</del>	152.5 [1]	342.5	12	54.633888	9
2	SANATH M	25-04-2006	KSD	5	52.70	0.159515	90.0	97.5	105.0	105.0 [5]	55.0	62.5	67.5	67.5 [1]	110.0	125.0	130.0	130.0 [2]	302.5	9	48.253288	15
3	ADHARSH M R	05-09-2007	TVM	16	51.90	0.161594	100.0	<del>110.0</del>	112.5	112.5 [3]	45.0	50.0	52.5	52.5 [3]	115.0	127.5	<del>132.5</del>	127.5 [3]	292.5	8	47.266245	18
4	MUHAMMED MUSHRAF R	09-10-2007	ALP	4	49.20	0.169259	90.0	100.0	112.5	112.5 [2]	45.0	50.0	55.0	55.0 [2]	102.5	115.0	<del>125.0</del>	115.0 [5]	282.5	7	47.815668	17
5	ATHUL RAJ S S	02-05-2007	ALP	1	46.40	0.178442	90.0	100.0	110.0	110.0 [4]	45.0	50.0	<del>57.5</del>	50.0 [4]	100.0	115.0	<del>125.0</del>	115.0 [4]	275.0	6	49.071550	14
6	ABREL LALU	02-05-2007	EKM	11	51.90	0.161594	80.0	<del>85.0</del>	85.0	85.0 [7]	40.0	<del>45.0</del>	<del>45.0</del>	40.0 [6]	105.0	115.0	<del>120.0</del>	115.0 [6]	240.0	5	38.782560	29
7	KASISH T H	22-08-2011	ALP	14	51.40	0.162936	60.0	70.0	80.0	80.0 [8]	25.0	32.5	35.0	35.0 [9]	85.0	102.5	110.0	110.0 [7]	225.0	4	36.660600	32
8	GOKUL NATH P	15-05-2008	KNR	3	53.00	0.158755	70.0	80.0	87.5	87.5 [6]	35.0	40.0	<del>45.0</del>	40.0 [7]	75.0	85.0	95.0	95.0 [8]	222.5	3	35.322988	34
9	SHRAYAS SURESH S	11-06-2010	TVM	15	47.70	0.174005	<del>70.0</del>	70.0	<del>80.0</del>	70.0 [9]	35.0	37.5	<del>40.0</del>	37.5 [8]	80.0	85.0	90.0	90.0 [9]	197.5	2	34.365988	35
10	ABHISHEK RAJESH	13-06-2009	PKD	7	45.30	0.182457	40.0	45.0	50.0	50.0 [10]	22.5	25.0	30.0	30.0 [10]	40.0	50.0	55.0	55.0 [10]	135.0	1	24.631695	45
11	ABHINAV O V	05-08-2008	PKD	6	48.90	0.170178	<del>40.0</del>	40.0	<del>42.5</del>	40.0 [11]	22.5	25.0	<del>30.0</del>	25.0 [11]	40.0	50.0	55.0	55.0 [11]	120.0	1	20.421360	49
<b>Sub Junior - 59kg</b>																						
1	ANURAG C K	25-04-2006	ALP	3	58.80	0.145976	190.0	<del>197.5</del>	X	190.0 [1]	70.0	<del>85.0</del>	<del>85.0</del>	70.0 [1]	160.0	172.5	<del>177.5</del>	172.5 [1]	432.5	12	63.134620	2 <u>W</u>
2	ADARSH K PRASAD	25-08-2009	ALP	1	59.00	0.145591	150.0	160.0	<del>170.0</del>	160.0 [2]	70.0	<del>80.0</del>	<del>80.0</del>	70.0 [2]	110.0	<del>120.0</del>	<del>120.0</del>	110.0 [4]	340.0	9	49.500940	12
3	ARJUN K J	05-04-2006	TCR	7	58.70	0.146169	110.0	122.5	135.0	135.0 [3]	50.0	55.0	60.0	60.0 [3]	115.0	127.5	132.5	132.5 [2]	327.5	8	47.870348	16
4	MOHAMMED ZIYAD	25-01-2009	MPM	13	57.10	0.149382	100.0	<del>120.0</del>	<del>120.0</del>	100.0 [4]	50.0	55.0	<del>57.5</del>	55.0 [4]	110.0	130.0	<del>137.5</del>	130.0 [3]	285.0	7	42.573870	24
5	THAMEEM DHARI S M	07-02-2009	KNR	12	59.00	0.145591	50.0	<del>60.0</del>	<del>60.0</del>	50.0 [6]	45.0	<del>50.0</del>	<del>50.0</del>	45.0 [5]	70.0	80.0	<del>90.0</del>	80.0 [5]	175.0	6	25.478425	44
6	ADHIL V A	31-10-2008	PKD	5	53.10	0.158505	40.0	45.0	55.0	55.0 [5]	22.5	27.5	35.0	35.0 [6]	40.0	52.5	62.5	62.5 [6]	152.5	5	24.172013	46
7	ANANDHU K VINOD	26-11-2008	PKD	6	53.70	0.157026	40.0	<del>45.0</del>	47.5	47.5 [7]	22.5	27.5	<del>32.5</del>	27.5 [7]	40.0	52.5	62.5	62.5 [7]	137.5	4	21.591075	47
8	ANSIL NIZAN T M	01-03-2009	PKD	4	54.00	0.156302	40.0	45.0	<del>55.0</del>	45.0 [8]	22.5	27.5	<del>32.5</del>	27.5 [8]	40.0	52.5	62.5	62.5 [8]	135.0	3	21.100770	48
<b>Sub Junior - 66kg</b>																						
1	AMBADY DILEEP	20-06-2006	ALP	4	66.00	0.133945	180.0	<del>195.0</del>	197.5	197.5 [2]	80.0	92.5	<del>100.0</del>	92.5 [2]	180.0	197.5	205.0	205.0 [1]	495.0	12	66.302775	1 <u>W</u>
2	SINAN AHAMMAD	22-07-2008	TVM	10	65.10	0.135267	180.0	<del>195.0</del>	200.0	200.0 [1]	70.0	80.0	85.0	85.0 [3]	160.0	175.0	<del>180.0</del>	175.0 [3]	460.0	9	62.222820	5
3	SREEHARI	09-10-2007	ALP	3	65.20	0.135118	160.0	<del>170.0</del>	<del>170.0</del>	160.0 [3]	100.0	105.0	107.5	107.5 [1]	170.0	<del>175.0</del>	<del>175.0</del>	170.0 [4]	437.5	8	59.114125	7
4	SAJWAN NISAR PP	04-03-2006	KNR	5	63.00	0.138539	120.0	<del>135.0</del>	135.0	135.0 [4]	50.0	57.5	62.5	62.5 [6]	155.0	165.0	175.0	175.0 [2]	372.5	7	51.605778	10
5	SUBUHAN NAVAS	21-03-2006	KTM	2	66.00	0.133945	90.0	<del>100.0</del>	<del>110.0</del>	90.0 [7]	65.0	<del>80.0</del>	<del>95.0</del>	65.0 [5]	130.0	150.0	<del>165.0</del>	150.0 [5]	305.0	6	40.853225	25
6	ABHIJITH A	01-06-2007	KNR	7	64.40	0.136328	<del>80.0</del>	80.0	90.0	90.0 [6]	55.0	<del>60.0</del>	60.0	60.0 [7]	100.0	120.0	<del>135.0</del>	120.0 [6]	270.0	5	36.808560	31
7	MUHAMMED SINAN P A	05-02-2009	PKD	9	60.30	0.143170	75.0	85.0	95.0	95.0 [5]	50.0	60.0	65.0	65.0 [4]	75.0	85.0	100.0	100.0 [9]	260.0	4	37.224200	30
8	YADHU NANDH A K	01-05-2009	KNR	6	64.40	0.136328	<del>70.0</del>	<del>70.0</del>	80.0	80.0 [8]	45.0	50.0	<del>55.0</del>	50.0 [8]	100.0	110.0	115.0	115.0 [7]	245.0	3	33.400360	36
9	HUSSEY A S	03-01-2009	TVM	1	63.00	0.138539	70.0	<del>90.0</del>	<del>95.0</del>	70.0 [9]	40.0	<del>45.0</del>	<del>50.0</del>	40.0 [10]	70.0	100.0	110.0	110.0 [8]	220.0	2	30.478580	39
10	ZAYAN RASHID	03-02-2009	KNR	8	65.70	0.134380	<del>50.0</del>	50.0	60.0	60.0 [10]	50.0	<del>70.0</del>	<del>70.0</del>	50.0 [9]	80.0	90.0	100.0	100.0 [10]	210.0	1	28.219800	41
<b>Sub Junior - 74kg</b>																						

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	KAILASH K R	04-12-2006	TVM	5	73.70	0.124254	115.0	<del>125.0</del>	125.0	125.0 [2]	70.0	75.0	80.0	80.0 [1]	130.0	140.0	145.0	145.0 [2]	350.0	12	43.488900	22
2	MOHAMMED SINAN M	26-09-2006	MPM	3	71.80	0.126404	<del>120.0</del>	120.0	130.0	130.0 [1]	55.0	62.5	<del>67.5</del>	62.5 [2]	130.0	145.0	<del>157.5</del>	145.0 [1]	337.5	9	42.661350	23
3	ABEL THANUJ ZACHARIA	09-05-2008	KTM	8	73.00	0.125030	60.0	65.0	70.0	70.0 [3]	<del>40.0</del>	40.0	55.0	55.0 [3]	70.0	80.0	100.0	100.0 [3]	225.0	8	28.131750	42
Sub Junior - 83kg																						
1	YADUKRISHNAN N	17-11-2006	KNR	3	77.60	0.120251	175.0	190.0	202.5	202.5 [2]	110.0	122.5	130.0	130.0 [2]	175.0	190.0	<del>202.5</del>	190.0 [1]	522.5	12	62.831148	4
2	MANJESH M C	04-07-2006	KSD	5	81.20	0.116980	120.0	<del>140.0</del>	<del>140.0</del>	120.0 [4]	60.0	70.0	72.5	72.5 [4]	150.0	<del>180.0</del>	180.0	180.0 [2]	372.5	9	43.575050	20
3	DON MATHEW ANISH	23-06-2007	KTM	9	83.00	0.115477	120.0	<del>140.0</del>	<del>150.0</del>	120.0 [5]	60.0	70.0	77.5	77.5 [3]	<del>120.0</del>	130.0	145.0	145.0 [4]	342.5	8	39.550873	27
4	ABEL BAIJU	15-06-2007	EKM	8	78.40	0.119491	<del>120.0</del>	120.0	<del>140.0</del>	120.0 [3]	60.0	<del>75.0</del>	<del>75.0</del>	60.0 [5]	140.0	150.0	160.0	160.0 [3]	340.0	7	40.626940	26
5	SREEKESH R S	30-09-2008	TVM	6	82.30	0.116052	60.0	70.0	85.0	85.0 [6]	40.0	50.0	60.0	60.0 [6]	60.0	70.0	77.5	77.5 [5]	222.5	6	25.821570	43
-	ARJUN K A	10-07-2006	ALP	10	74.10	0.123819	230.0	237.5	247.5	247.5 [1]	130.0	140.0	<del>150.0</del>	140.0 [1]	<del>200.0</del>	<del>200.0</del>	<del>200.0</del>	-	-	-	-	-
Sub Junior - 93kg																						
1	FAIZAL A	14-03-2006	TVM	6	92.70	0.108631	230.0	<del>237.5</del>	237.5	237.5 [1]	125.0	132.5	<del>140.0</del>	132.5 [1]	180.0	200.0	210.0	210.0 [1]	580.0	12	63.005980	3 <u>W</u>
2	SAURAV JITH S	18-11-2006	ALP	3	83.50	0.115075	205.0	212.5	<del>217.5</del>	212.5 [2]	90.0	100.0	<del>102.5</del>	100.0 [2]	180.0	195.0	200.0	200.0 [2]	512.5	9	58.975938	8
3	ANSHAD K	08-09-2006	PKD	4	89.30	0.110815	100.0	115.0	122.5	122.5 [3]	50.0	<del>60.0</del>	<del>60.0</del>	50.0 [3]	100.0	110.0	120.0	120.0 [3]	292.5	8	32.413388	37
Sub Junior - 105kg																						
1	VISHNU PRASAD	23-01-2006	TVM	4	95.40	0.107037	200.0	220.0	<del>230.0</del>	220.0 [1]	<del>110.0</del>	112.5	117.5	117.5 [1]	200.0	220.0	<del>230.0</del>	220.0 [1]	557.5	12	59.673128	6
2	ABHIRAM P R	29-01-2006	TCR	5	98.40	0.105397	<del>135.0</del>	135.0	<del>147.5</del>	135.0 [2]	75.0	<del>90.0</del>	<del>90.0</del>	75.0 [2]	150.0	160.0	<del>170.0</del>	160.0 [2]	370.0	9	38.996890	28
3	MUHAMMED YAZAR N S	06-11-2007	TVM	1	93.20	0.108326	100.0	130.0	<del>150.0</del>	130.0 [3]	<del>40.0</del>	40.0	52.5	52.5 [3]	100.0	125.0	145.0	145.0 [3]	327.5	8	35.476765	33
Sub Junior - 120kg																						
1	ALWIN C B	16-07-2007	TCR	2	114.30	0.098531	200.0	210.0	220.0	220.0 [2]	75.0	82.5	87.5	87.5 [1]	200.0	212.5	<del>220.0</del>	212.5 [1]	520.0	12	51.236120	11
2	JOEL K R	04-05-2007	TVM	3	118.20	0.097214	200.0	220.0	230.0	230.0 [1]	72.5	80.0	<del>85.0</del>	80.0 [2]	180.0	190.0	195.0	195.0 [2]	505.0	9	49.093070	13
3	SEBASTIAN RAJ S	04-01-2009	TVM	4	108.80	0.100607	150.0	<del>180.0</del>	180.0	180.0 [3]	50.0	65.0	77.5	77.5 [3]	120.0	150.0	175.0	175.0 [3]	432.5	8	43.512528	21
4	ABHISHEIK K NAIR	05-04-2009	ALP	1	117.30	0.097507	100.0	117.5	132.5	132.5 [4]	55.0	60.0	<del>65.0</del>	60.0 [4]	105.0	120.0	135.0	135.0 [4]	327.5	7	31.933543	38
Sub Junior - 120+Kg																						
1	ATHUL KRISHNA S	08-09-2006	TVM	7	123.10	0.095719	<del>190.0</del>	190.0	210.0	210.0 [1]	75.0	80.0	87.5	87.5 [1]	170.0	180.0	187.5	187.5 [1]	485.0	12	46.423715	19
2	JASIN JAYAN	01-02-2008	KNR	6	122.30	0.095952	100.0	115.0	<del>125.0</del>	115.0 [2]	45.0	50.0	55.0	55.0 [2]	100.0	115.0	130.0	130.0 [2]	300.0	9	28.785600	40

#### Best Lifter - Sub Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	AMBADY DILEEP	ALP	66kg	66.00	0.133945	495.0	66.302775
2	ANURAG C K	ALP	59kg	58.80	0.145976	432.5	63.134620
3	FAIZAL A	TVM	93kg	92.70	0.108631	580.0	63.005980

#### Team Championship - Sub Junior

Place	Team	Points	Best Points	IPF GL Points
1	THIRUVANANTHAPURAM	60	12+12+12+12+12	267.225611
2	ALAPPUZHA	50	12+12+9+9+8	297.028398
3	KANNUR	39	12+9+7+6+5	205.509511
4	THRISSUR	29	12+9+8	138.103358

Team Championship - Sub Junior				
Place	Team	Points	Best Points	IPF GL Points
5	PALAKKAD	24	8+5+4+4+3	136.501446
6	KOTTAYAM	22	8+8+6	108.535848
7	KASARAGOD	18	9+9	91.828338
8	MALAPPURAM	16	9+7	85.235220
9	ERNAKULAM	12	7+5	79.409500

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Junior - 53kg																						
1	ARJUN KRISHNA T S	04-05-2004	ALP	8	52.50	0.160027	160.0	167.5	<del>172.5</del>	167.5 [1]	<del>80.0</del>	80.0	85.0	85.0 [1]	145.0	152.5	<del>157.5</del>	152.5 [2]	405.0	12	64.810935	10
2	ASWIN KRISHNA	15-11-2004	PKD	9	52.80	0.159260	150.0	162.5	167.5	167.5 [2]	65.0	<del>72.5</del>	<del>72.5</del>	65.0 [2]	140.0	147.5	155.0	155.0 [1]	387.5	9	61.713250	11
3	ANIRUDHAN P	09-04-2005	PKD	10	52.50	0.160027	110.0	120.0	<del>130.0</del>	120.0 [4]	55.0	<del>62.5</del>	<del>62.5</del>	55.0 [4]	<del>120.0</del>	120.0	137.5	137.5 [3]	312.5	8	50.008438	25
4	PRAJWAL A	19-09-2005	KNR	12	52.20	0.160805	110.0	<del>120.0</del>	120.0	120.0 [3]	60.0	<del>65.0</del>	<del>65.0</del>	60.0 [3]	110.0	120.0	130.0	130.0 [4]	310.0	7	49.849550	26
5	ANKITH P	29-12-2001	EKM	13	46.70	0.177390	80.0	100.0	<del>120.0</del>	100.0 [5]	<del>40.0</del>	42.5	50.0	50.0 [5]	100.0	110.0	<del>125.0</del>	110.0 [5]	260.0	6	46.121400	31
Junior - 59kg																						
1	ADHIL S	28-03-2003	ALP	2	57.30	0.148968	190.0	215.0	235.0	235.0 [1]	105.0	112.5	<del>120.0</del>	112.5 [1]	190.0	212.5	<del>222.5</del>	212.5 [1]	560.0	12	83.422080	2 <u>☺</u>
2	NITHIN M C	26-12-2005	TVM	8	59.00	0.145591	140.0	155.0	165.0	165.0 [2]	50.0	52.5	<del>55.0</del>	52.5 [4]	150.0	160.0	<del>172.5</del>	160.0 [2]	377.5	9	54.960603	19
3	SREERAG V S	16-09-2003	TVM	9	55.50	0.152831	110.0	<del>122.5</del>	<del>122.5</del>	110.0 [3]	50.0	55.0	57.5	57.5 [3]	110.0	122.5	145.0	145.0 [3]	312.5	8	47.759688	29
4	SREELAL S	11-07-2004	TVM	11	59.00	0.145591	<del>100.0</del>	100.0	107.5	107.5 [4]	60.0	65.0	67.5	67.5 [2]	120.0	130.0	137.5	137.5 [4]	312.5	7	45.497188	33
5	AMSTER BIJU	27-12-2005	KNR	10	58.50	0.146559	85.0	95.0	<del>105.0</del>	95.0 [5]	40.0	45.0	<del>50.0</del>	45.0 [5]	110.0	120.0	135.0	135.0 [5]	275.0	6	40.303725	39
Junior - 66kg																						
1	ANANDA KRISHNAN R	25-01-2002	ALP	9	65.30	0.134969	<del>220.0</del>	<del>230.0</del>	230.0	230.0 [1]	<del>130.0</del>	130.0	<del>137.5</del>	130.0 [1]	190.0	205.0	215.0	215.0 [1]	575.0	12	77.607175	5
2	KANNAN RAJA	14-07-2004	ALP	11	63.70	0.137418	225.0	<del>245.0</del>	<del>245.0</del>	225.0 [2]	100.0	110.0	<del>115.0</del>	110.0 [2]	190.0	<del>205.0</del>	<del>205.0</del>	190.0 [3]	525.0	9	72.144450	6
3	PRANOY AUGUSTIN FRANCIS	30-10-2002	EKM	7	61.40	0.141221	170.0	180.0	<del>190.0</del>	180.0 [3]	80.0	90.0	<del>97.5</del>	90.0 [5]	170.0	180.0	190.0	190.0 [2]	460.0	8	64.961660	9
4	SREE RAJ MANIKUTTAN	27-01-2004	TVM	5	64.90	0.135567	170.0	180.0	<del>187.5</del>	180.0 [4]	85.0	90.0	95.0	95.0 [3]	160.0	170.0	177.5	177.5 [4]	452.5	7	61.344068	13
5	AJITH S NAIK	04-06-2003	ALP	1	66.00	0.133945	130.0	145.0	<del>155.0</del>	145.0 [5]	90.0	95.0	<del>97.5</del>	95.0 [4]	140.0	165.0	<del>185.0</del>	165.0 [6]	405.0	6	54.247725	20
6	MOHAMMED NIHAL	08-10-2005	KSD	10	62.30	0.139691	<del>100.0</del>	<del>110.0</del>	110.0	110.0 [8]	60.0	65.0	72.5	72.5 [6]	150.0	160.0	165.0	165.0 [5]	347.5	5	48.542623	28
7	MUFEEED CHODANDIYIL	04-03-2003	KNR	3	63.50	0.137735	90.0	100.0	110.0	110.0 [9]	65.0	72.5	<del>75.0</del>	72.5 [7]	130.0	140.0	150.0	150.0 [8]	332.5	4	45.796888	32
8	ANOOP JOSE	22-11-2002	KTM	4	63.40	0.137894	100.0	120.0	<del>135.0</del>	120.0 [6]	60.0	70.0	<del>80.0</del>	70.0 [8]	110.0	130.0	<del>150.0</del>	130.0 [11]	320.0	3	44.126080	35
9	SACHIN LAL S S	29-09-2004	TVM	8	64.70	0.135870	110.0	120.0	<del>127.5</del>	120.0 [7]	60.0	67.5	<del>70.0</del>	67.5 [9]	120.0	132.5	<del>142.5</del>	132.5 [10]	320.0	2	43.478400	36
10	DHYAN THEJ T K	21-06-2005	KNR	2	64.60	0.136022	90.0	<del>100.0</del>	100.0	100.0 [11]	60.0	65.0	<del>72.5</del>	65.0 [10]	130.0	140.0	150.0	150.0 [9]	315.0	1	42.846930	37
11	NIHAL T N	19-10-2005	EKM	6	65.70	0.134380	90.0	102.5	<del>115.0</del>	102.5 [10]	40.0	50.0	<del>57.5</del>	50.0 [11]	125.0	142.5	155.0	155.0 [7]	307.5	1	41.321850	38
Junior - 74kg																						
1	CHRISTIN JOESPH	31-03-2005	ALP	1	73.70	0.124254	<del>205.0</del>	205.0	<del>220.0</del>	205.0 [2]	120.0	<del>125.0</del>	125.0	125.0 [1]	195.0	210.0	215.0	215.0 [1]	545.0	12	67.718430	7
2	GOWRI SANKAR S	27-12-2004	TVM	6	72.60	0.125482	200.0	210.0	<del>220.0</del>	210.0 [1]	90.0	<del>100.0</del>	<del>100.0</del>	90.0 [3]	180.0	190.0	<del>205.0</del>	190.0 [2]	490.0	9	61.486180	12
3	ALAINO FRANCIS	02-10-2003	TCR	4	73.00	0.125030	145.0	157.5	170.0	170.0 [3]	80.0	85.0	92.5	92.5 [2]	160.0	175.0	187.5	187.5 [3]	450.0	8	56.263500	18
4	ANOOP M P	30-06-2005	KNR	2	72.40	0.125710	140.0	155.0	<del>172.5</del>	155.0 [4]	75.0	80.0	85.0	85.0 [4]	150.0	155.0	165.0	165.0 [4]	405.0	7	50.912550	23
5	MADHAV PRADEEP	24-03-2005	KTM	7	72.80	0.125255	100.0	120.0	135.0	135.0 [5]	60.0	77.5	<del>85.0</del>	77.5 [5]	120.0	130.0	140.0	140.0 [5]	352.5	6	44.152388	34
Junior - 83kg																						

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	MOHAMAD IHSAN S	22-02-2002	TVM	11	82.70	0.115722	270.0	280.0	<del>290.0</del>	280.0 [1]	170.0	180.0	<del>187.5</del>	180.0 [1]	260.0	270.0	277.5	277.5 [1]	737.5	12	85.344975	1 <u>☺</u>
2	ASIF HARIS	19-08-2002	ALP	1	82.70	0.115722	265.0	277.5	<del>287.5</del>	277.5 [2]	155.0	<del>160.0</del>	160.0	160.0 [2]	230.0	250.0	<del>262.5</del>	250.0 [2]	687.5	9	79.558875	3 <u>☺</u>
3	FARIS RAHIMAN N	17-06-2005	ALP	2	83.00	0.115477	180.0	200.0	215.0	215.0 [3]	90.0	100.0	107.5	107.5 [3]	170.0	195.0	205.0	205.0 [3]	527.5	8	60.914118	14
4	ADHITH KRISHNA S S	06-10-2005	TVM	12	83.00	0.115477	<del>195.0</del>	195.0	<del>215.0</del>	195.0 [4]	90.0	97.5	102.5	102.5 [4]	170.0	182.5	192.5	192.5 [5]	490.0	7	56.583730	17
5	ABHINEV SANTHOSH	25-04-2005	KNR	4	83.00	0.115477	<del>145.0</del>	145.0	<del>160.0</del>	145.0 [5]	75.0	82.5	<del>87.5</del>	82.5 [5]	170.0	190.0	200.0	200.0 [4]	427.5	6	49.366418	27
6	SIVAJITH T A	29-12-2005	KTM	7	80.40	0.117675	100.0	117.5	122.5	122.5 [6]	60.0	70.0	<del>75.0</del>	70.0 [6]	100.0	125.0	145.0	145.0 [6]	337.5	5	39.715313	40

#### Junior - 93kg

1	SHIBIN S	23-12-2001	KLM	1	86.30	0.112927	265.0	<del>272.5</del>	280.0	280.0 [1]	150.0	<del>165.0</del>	<del>165.0</del>	150.0 [1]	255.0	267.5	<del>280.0</del>	267.5 [1]	697.5	12	78.766583	4
2	PRANAV S S	01-11-2003	TVM	7	86.90	0.112490	230.0	250.0	270.0	270.0 [2]	90.0	<del>100.0</del>	<del>100.0</del>	90.0 [3]	210.0	220.0	227.5	227.5 [2]	587.5	9	66.087875	8
3	ABHIJITH B	28-02-2004	TVM	5	83.50	0.115075	<del>190.0</del>	<del>190.0</del>	190.0	190.0 [3]	100.0	110.0	130.0	130.0 [2]	170.0	185.0	200.0	200.0 [3]	520.0	8	59.839000	16
-	NABEEL V J	28-04-2003	TCR	2	91.40	0.109441	<del>240.0</del>	<del>240.0</del>	<del>240.0</del>	-	<del>145.0</del>	X	X	-	<del>220.0</del>	X	X	-	-	-	-	-

#### Junior - 105kg

1	VISHNU A SUJITH	27-08-2005	KNR	6	93.20	0.108326	190.0	205.0	215.0	215.0 [1]	105.0	115.0	125.0	125.0 [2]	185.0	200.0	215.0	215.0 [1]	555.0	12	60.120930	15
2	ABHINAV SUNIL KUMAR	07-04-2004	KNR	2	94.10	0.107789	160.0	175.0	185.0	185.0 [4]	120.0	130.0	<del>137.5</del>	130.0 [1]	170.0	182.5	187.5	187.5 [2]	502.5	9	54.163973	21
3	ROMY J S	17-01-2003	TVM	3	95.40	0.107037	180.0	192.5	202.5	202.5 [3]	90.0	100.0	105.0	105.0 [3]	165.0	<del>177.5</del>	185.0	185.0 [3]	492.5	8	52.715723	22
4	SREEJESH RAHI	22-11-2001	PKD	7	103.30	0.102982	190.0	205.0	<del>215.0</del>	205.0 [2]	87.5	95.0	105.0	105.0 [4]	180.0	<del>190.0</del>	<del>192.5</del>	180.0 [4]	490.0	7	50.461180	24

#### Junior - 120kg

1	MUHAMMAD SHUHAIB S	26-05-2004	TVM	5	105.30	0.102081	150.0	175.0	205.0	205.0 [1]	60.0	70.0	100.0	100.0 [1]	150.0	<del>180.0</del>	<del>190.0</del>	150.0 [1]	455.0	12	46.446855	30
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#### Junior - 120+Kg

1	ARJUN SANTHOSH S	06-10-2004	TVM	8	125.10	0.095155	140.0	<del>180.0</del>	<del>185.0</del>	140.0 [1]	50.0	62.5	<del>67.5</del>	62.5 [1]	120.0	155.0	<del>175.0</del>	155.0 [1]	357.5	12	34.017913	41
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#### Best Lifter - Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	MOHAMAD IHSAN S	TVM	83kg	82.70	0.115722	737.5	85.344975
2	ADHIL S	ALP	59kg	57.30	0.148968	560.0	83.422080
3	ASIF HARIS	ALP	83kg	82.70	0.115722	687.5	79.558875

#### Team Championship - Junior

Place	Team	Points	Best Points	IPF GL Points
1	ALAPPUZHA	57	12+12+12+12+9	373.117495
2	THIRUVANANTHAPURAM	54	12+12+12+9+9	293.383798
3	KANNUR	41	12+9+7+7+6	264.413421
4	PALAKKAD	24	9+8+7	162.182868
5	ERNAKULAM	15	8+6+1	152.404910
6	KOTTAYAM	14	6+5+3	127.993781
7	KOLLAM	12	12	78.766583
8	THRISSUR	8	8	56.263500
9	KASARAGOD	5	5	48.542623

Abbreviations:

ALP = Alappuzha    EKM = Ernakulam    KNR = Kannur    KSD = Kasaragod    KLM = Kollam    KTM = Kottayam    MPM = Malappuram    PKD = Palakkad    TVM = Thiruvananthapuram    TCR = Thrissur