

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	BALAGOPAL UNNITHAN	04-06-2000	ALP	178	102.00	0.103594	300.0	320.0	320.0	300.0 [1]	220.0	230.0	X	220.0 [1]	220.0	240.0	250.0	250.0 [1]	770.0	12	79.767380	4
2	SANDEEP SAJU	16-02-1994	EKM	180	95.90	0.106754	230.0	230.0	X	230.0 [2]	110.0	120.0	X	120.0 [2]	220.0	230.0	X	230.0 [2]	580.0	9	61.917320	16
3	ROMY J S	17-01-2003	TVM	179	99.20	0.104982	180.0	200.0	210.0	210.0 [3]	95.0	105.0	110.0	110.0 [3]	170.0	180.0	190.0	190.0 [3]	510.0	8	53.540820	24
Open - 120kg																						
1	FAIZAL A	14-03-2006	TVM	197	105.90	0.101819	275.0	285.0	X	275.0 [1]	140.0	140.0	150.0	150.0 [1]	180.0	200.0	215.0	200.0 [3]	625.0	12	63.636875	15
2	MUHAMMED SHA	30-08-2005	TVM	198	115.00	0.098285	240.0	260.0	280.0	260.0 [2]	90.0	105.0	110.0	105.0 [3]	210.0	222.5	230.0	230.0 [1]	595.0	9	58.479575	18
3	SRIHARI P V RAJ	07-01-1999	KNR	196	114.50	0.098460	180.0	205.0	220.0	220.0 [3]	90.0	125.0	145.0	145.0 [2]	190.0	215.0	227.5	215.0 [2]	580.0	8	57.106800	22
Open - 120+Kg																						
1	VIJINKRISHNA VT	20-06-1995	KKD	207	133.70	0.092992	345.0	345.0	365.0	365.0 [1]	175.0	185.0	195.0	195.0 [1]	250.0	270.0	280.0	270.0 [1]	830.0	12	77.183360	7
2	GANESH D	09-03-1995	EKM	206	131.20	0.093580	140.0	160.0	180.0	180.0 [2]	55.0	70.0	80.0	80.0 [2]	140.0	180.0	200.0	180.0 [2]	440.0	9	41.175200	29

Best Lifter - Open								
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points	
1	VISHNU V.V	TCR	59kg	58.10	0.147348	585.0	86.198580	
2	VIGNESH VR	TVM	93kg	83.20	0.115315	702.5	81.008788	
3	PRIYARENJAN PRASANNAN	ALP	74kg	72.50	0.125596	637.5	80.067450	

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	ALAPPUZHA	54	12+12+12+9+9	380.773360
2	THIRUVANANTHAPURAM	54	12+12+12+9+9	358.430693
3	KANNUR	39	9+8+8+8+6	304.394628
4	ERNAKULAM	36	9+9+7+6+5	260.033375
5	KOZHIKODE	20	12+8	137.720510
6	THRISSUR	12	12	86.198580
7	PALAKKAD	11	7+4	73.904160
8	WAYANAD	7	7	57.452160
-	KOLLAM	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Sub Junior - 53kg																						
1	ALSABITH A S	21-04-2007	TVM	23	52.40	0.160285	170.0	180.0	187.5	187.5 [1]	75.0	80.0	80.0	80.0 [3]	175.0	182.5	192.5	182.5 [1]	450.0	12	72.128250	1 
2	GOUTHAM KRISHNA MOHAN	28-02-2007	WYD	22	52.30	0.160544	170.0	180.0	180.0	170.0 [2]	80.0	87.5	95.0	95.0 [1]	177.5	177.5	187.5	177.5 [2]	442.5	9	71.040720	3 
3	MUHAMMED MUSHRAF R	09-10-2007	ALP	15	52.76	0.159362	140.0	157.5	167.5	167.5 [3]	60.0	67.5	72.5	72.5 [4]	152.5	165.0	170.0	165.0 [3]	405.0	8	64.541610	9
4	ATHUL RAJ S S	02-05-2007	ALP	14	49.10	0.169564	142.5	155.0	162.5	155.0 [4]	75.0	82.5	85.0	82.5 [2]	135.0	145.0	152.5	152.5 [4]	390.0	7	66.129960	7
5	KISHAN DEV	01-09-2007	KKD	21	53.00	0.158755	125.0	132.5	142.5	132.5 [5]	50.0	70.0	80.0	70.0 [5]	140.0	150.0	160.0	150.0 [5]	352.5	6	55.961138	19
6	NIVED P	21-12-2008	KNR	17	50.60	0.165154	80.0	90.0	100.0	100.0 [7]	40.0	50.0	52.5	50.0 [6]	130.0	135.0	147.5	147.5 [6]	297.5	5	49.133315	33
7	MOHAMMED ASLAM V H	09-04-2007	EKM	19	52.70	0.159515	100.0	112.5	120.0	112.5 [6]	47.5	55.0	55.0	47.5 [8]	120.0	130.0	140.0	130.0 [7]	290.0	4	46.259350	34

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
8	SHEIK ABDURAHIMAN	20-06-2008	KKD	20	51.20	0.163482	70.0	77.5	77.5	70.0 [8]	50.0	50.0	55.0	50.0 [7]	100.0	107.5	112.5	107.5 [9]	227.5	3	37.192155	43
9	SREE VASANTH M	03-09-2008	TCR	11	50.90	0.164311	50.0	62.5	75.0	62.5 [9]	40.0	42.5	42.5	42.5 [9]	90.0	100.0	110.0	110.0 [8]	215.0	2	35.326865	47
10	HIRAN KJ	19-06-2010	MPM	12	39.80	-	40.0	45.0	50.0	50.0 [10]	22.5	25.0	30.0	25.0 [10]	50.0	60.0	60.0	60.0 [10]	135.0	1	-	-
-	MUHAMMED JOUHAR PK	21-07-2010	MPM	13	48.40	0.171743	70.0	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-
-	AADHISH KRISHNA P	09-06-2010	PKD	16	46.50	0.178089	60.0	60.0	X	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMAD ADHIL P	05-03-2010	PKD	18	40.70	0.202424	50.0	50.0	X	-	X	X	X	-	X	X	X	-	-	-	-	-
Sub Junior - 59kg																						
1	SAAVAN JIJU	15-09-2007	TCR	43	59.00	0.145591	150.0	165.0	177.5	177.5 [1]	75.0	82.5	90.0	90.0 [2]	160.0	175.0	175.0	175.0 [1]	442.5	12	64.424018	10
2	HRITHURAJ P. S	23-05-2007	WYD	45	58.40	0.146755	160.0	165.0	165.0	165.0 [3]	90.0	97.5	105.0	97.5 [1]	160.0	170.0	170.0	160.0 [3]	422.5	9	62.003988	11
3	MUSAFIR ALI PK	20-04-2007	KKD	40	58.00	0.147547	170.0	170.0	175.0	170.0 [2]	70.0	75.0	80.0	80.0 [4]	170.0	175.0	175.0	170.0 [2]	420.0	8	61.969740	12
4	DAREL DUGSTER KOMATH	04-04-2008	EKM	41	58.95	0.145687	110.0	120.0	135.0	135.0 [5]	75.0	80.0	85.0	85.0 [3]	150.0	160.0	160.0	160.0 [5]	380.0	7	55.361060	22
5	ABHINAND B.S	12-09-2008	TVM	44	55.90	0.151946	150.0	157.5	167.5	157.5 [4]	57.5	62.5	67.5	62.5 [6]	147.5	162.5	162.5	147.5 [6]	367.5	6	55.840155	20
6	MOHAMMED SAHAL SALAM	26-02-2007	KNR	38	58.90	0.145783	115.0	120.0	130.0	115.0 [6]	65.0	65.0	72.5	65.0 [5]	145.0	155.0	160.0	160.0 [4]	340.0	5	49.566220	31
-	MUHAMMED SHAMIL M	17-02-2009	PKD	37	53.30	0.158007	70.0	70.0	70.0	-	30.0	X	X	-	X	X	X	-	-	-	-	-
Sub Junior - 66kg																						
1	SREE HARI	09-10-2007	ALP	68	65.45	0.134747	205.0	210.0	217.5	217.5 [2]	105.0	112.5	117.5	117.5 [1]	190.0	197.5	197.5	197.5 [1]	532.5	12	71.752778	2 
2	SINAN AHAMMED	22-07-2008	TVM	75	66.00	0.133945	205.0	220.0	225.0	225.0 [1]	90.0	100.0	105.0	105.0 [2]	190.0	197.5	205.0	197.5 [2]	527.5	9	70.655988	4
3	ARJUNAN MOHANAN	16-08-2007	WYD	66	64.90	0.135567	165.0	175.0	180.0	180.0 [3]	65.0	75.0	80.0	80.0 [3]	160.0	170.0	177.5	177.5 [3]	437.5	8	59.310563	13
4	ZAHD MAHAMOOD O	07-08-2008	KNR	71	61.40	0.141221	130.0	140.0	150.0	150.0 [5]	60.0	65.0	72.5	72.5 [4]	150.0	162.5	170.0	170.0 [4]	392.5	7	55.429243	21
5	ABHIRUDH M	05-12-2008	PKD	69	64.95	0.135492	150.0	150.0	170.0	150.0 [6]	62.5	70.0	75.0	70.0 [6]	165.0	180.0	180.0	165.0 [5]	385.0	6	52.164420	26
6	ABHIJITH B NAIR	22-10-2007	EKM	72	65.30	0.134969	130.0	150.0	150.0	150.0 [7]	65.0	75.0	75.0	65.0 [7]	150.0	160.0	167.5	160.0 [7]	375.0	5	50.613375	29
7	ABHINAND MK	15-07-2007	KKD	73	65.30	0.134969	150.0	160.0	162.5	160.0 [4]	62.5	65.0	70.0	65.0 [8]	140.0	145.0	150.0	145.0 [8]	370.0	4	49.938530	30
8	SREENANDH KALIKOT	26-04-2008	KNR	70	62.10	0.140026	140.0	120.0	130.0	120.0 [9]	65.0	70.0	75.0	70.0 [5]	140.0	155.0	162.5	162.5 [6]	352.5	3	49.359165	32
9	NIDHIN DH	30-03-2010	TVM	74	64.70	0.135870	110.0	120.0	125.0	125.0 [8]	45.0	50.0	55.0	55.0 [9]	110.0	125.0	130.0	125.0 [9]	305.0	2	41.440350	38
Sub Junior - 74kg																						
1	PRANAV S	27-03-2007	ALP	100	73.80	0.124145	170.0	190.0	205.0	205.0 [2]	105.0	115.0	122.5	122.5 [1]	200.0	217.5	230.0	230.0 [1]	557.5	12	69.210838	5
2	HUSSEY AS	03-01-2009	TVM	108	73.40	0.124585	190.0	205.0	220.0	220.0 [1]	95.0	107.5	107.5	95.0 [3]	190.0	205.0	210.0	205.0 [2]	520.0	9	64.784200	8
3	SANGEETH P	22-11-2008	KKD	104	73.37	0.124618	170.0	180.0	192.5	192.5 [4]	80.0	85.0	90.0	85.0 [4]	180.0	185.0	185.0	180.0 [3]	457.5	8	57.012735	17
4	ADARSH K PRASAD	25-08-2009	ALP	99	71.90	0.126288	165.0	182.5	197.5	197.5 [3]	80.0	90.0	100.0	100.0 [2]	140.0	147.5	147.5	140.0 [6]	437.5	7	55.251000	23
5	AKARSH AS	02-05-2008	WYD	106	73.20	0.124807	160.0	175.0	182.5	182.5 [5]	60.0	70.0	77.5	77.5 [6]	160.0	170.0	177.5	170.0 [4]	430.0	6	53.667010	25
6	VISHAK B	20-04-2008	PTA	67	68.50	0.130498	140.0	160.0	180.0	160.0 [6]	62.5	70.0	77.5	77.5 [5]	140.0	160.0	175.0	160.0 [5]	397.5	5	51.872955	27
-	ARJUN PS	01-04-2010	PKD	103	72.70	0.125368	70.0	70.0	75.0	70.0 [7]	40.0	40.0	40.0	-	X	X	X	-	-	-	-	-
Sub Junior - 83kg																						
1	NEERAJ D N	24-10-2008	TVM	136	80.70	0.117412	200.0	215.0	215.0	215.0 [1]	80.0	85.0	90.0	85.0 [2]	190.0	200.0	210.0	200.0 [1]	500.0	12	58.706000	16
2	MUHAMMAD IMRAN KP	24-05-2007	KKD	135	79.40	0.118568	160.0	160.0	160.0	160.0 [2]	80.0	80.0	85.0	85.0 [1]	170.0	180.0	185.0	185.0 [2]	430.0	9	50.984240	28
3	A R ABHAY KRISHNA	25-10-2007	WYD	133	79.30	0.118659	120.0	130.0	140.0	140.0 [4]	75.0	75.0	75.0	75.0 [4]	170.0	X	X	170.0 [3]	385.0	8	45.683715	35
4	SHIBIN TV	14-06-2007	KNR	130	80.50	0.117587	130.0	140.0	150.0	150.0 [3]	60.0	67.5	70.0	70.0 [5]	150.0	160.0	X	150.0 [5]	370.0	7	43.507190	37
5	ARUN NISHANTH	12-05-2009	WYD	132	81.30	0.116894	130.0	145.0	145.0	130.0 [5]	60.0	70.0	77.5	77.5 [3]	130.0	135.0	140.0	140.0 [6]	347.5	6	40.620665	40
6	ABRASH MARK	25-04-2008	EKM	134	81.10	0.117066	90.0	120.0	140.0	90.0 [7]	50.0	65.0	72.5	65.0 [6]	120.0	160.0	180.0	160.0 [4]	315.0	5	36.875790	45

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
7	MELBIN BENNY	30-08-2008	EKM	131	80.50	0.117587	100.0	110.0	420.0	110.0 [6]	50.0	60.0	60.0	50.0 [7]	430.0	130.0	132.5	132.5 [7]	292.5	4	34.394198	48
Sub Junior - 93kg																						
1	BAARIQ BADUSHA K	07-12-2007	TCR	163	88.70	0.111223	170.0	190.0	210.0	210.0 [1]	100.0	112.5	117.5	117.5 [2]	180.0	190.0	202.5	202.5 [1]	530.0	12	58.948190	15
2	MUHAMMED ISMAIL R	19-12-2007	ALP	161	88.80	0.111155	480.0	190.0	225.0	190.0 [2]	100.0	115.0	125.0	125.0 [1]	170.0	190.0	247.5	190.0 [2]	505.0	9	56.133275	18
3	MOHAMMED ABRAR	24-10-2007	EKM	164	89.20	0.110883	90.0	425.0	140.0	140.0 [3]	50.0	60.0	70.0	70.0 [4]	125.0	160.0	485.0	160.0 [3]	370.0	8	41.026710	39
4	SABAREESH ANILKUMAR E	11-06-2008	EKM	162	85.30	0.113674	110.0	420.0	420.0	110.0 [4]	60.0	70.0	75.0	75.0 [3]	120.0	130.0	140.0	140.0 [5]	325.0	7	36.944050	44
5	AKSHAY SK	16-07-2008	KKD	165	87.70	0.111919	100.0	110.0	430.0	110.0 [5]	40.0	55.0	62.5	55.0 [5]	130.0	142.5	157.5	157.5 [4]	322.5	6	36.093878	46
Sub Junior - 105kg																						
1	MUHAMMED FARHAN BIN ISMAIL	17-05-2007	WYD	182	104.10	0.102616	240.0	252.5	260.0	260.0 [1]	140.0	150.0	460.0	150.0 [1]	230.0	240.0	255.0	255.0 [1]	665.0	12	68.239640	6
2	AFSAL SL	28-09-2007	TVM	186	97.40	0.105929	220.0	230.0	250.0	250.0 [2]	100.0	407.5	107.5	107.5 [2]	200.0	200.0	220.0	200.0 [2]	557.5	9	59.055418	14
3	ABHINAV NK	01-06-2008	KKD	185	100.00	0.104575	460.0	460.0	160.0	160.0 [3]	60.0	67.5	75.0	75.0 [3]	170.0	182.5	490.0	182.5 [3]	417.5	8	43.660063	36
Sub Junior - 120kg																						
1	JOEL K R	04-05-2007	TVM	202	115.10	0.098251	210.0	230.0	240.0	240.0 [1]	100.0	110.0	445.0	110.0 [1]	190.0	200.0	205.0	205.0 [1]	555.0	12	54.529305	24
2	ABHISHIEK K NAIR	05-04-2009	ALP	199	119.00	0.096958	140.0	160.0	180.0	180.0 [2]	60.0	75.0	82.5	75.0 [2]	130.0	145.0	450.0	145.0 [2]	400.0	9	38.783200	42
Sub Junior - 120+Kg																						
1	SEBASTIAN RAJ S	04-01-2009	TVM	210	125.20	0.095127	460.0	470.0	180.0	180.0 [1]	50.0	60.0	70.0	70.0 [1]	150.0	160.0	485.0	160.0 [2]	410.0	12	39.002070	41
2	MUHAMMED ANAS RM	13-01-2007	PKD	208	120.10	0.096614	400.0	440.0	140.0	140.0 [2]	35.0	45.0	65.0	45.0 [2]	100.0	140.0	165.0	165.0 [1]	350.0	9	33.814900	49

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	ALSABITH A S	TVM	53kg	52.40	0.160285	450.0	72.128250
2	SREE HARI	ALP	66kg	65.45	0.134747	532.5	71.752778
3	GOUTHAM KRISHNA MOHAN	WYD	53kg	52.30	0.160544	442.5	71.040720

Team Championship - Sub Junior				
Place	Team	Points	Best Points	IPF GL Points
1	THIRUVANANTHAPURAM	57	12+12+12+12+9	295.021613
2	ALAPPUZHA	50	12+12+9+9+8	300.421701
3	WAYANAD	46	12+9+9+8+8	306.278626
4	KOZHIKODE	39	9+8+8+8+6	269.587916
5	ERNAKULAM	32	8+7+7+5+5	220.820985
6	KANNUR	27	7+7+5+5+3	246.995133
7	THRISSUR	26	12+12+2	158.699073
8	PALAKKAD	15	9+6	85.979320
9	PATHANAMTHITTA	5	5	51.872955
10	MALAPPURAM	1	1	0.000000

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL	Points	Place
Junior - 53kg																							
1	ARJUN KRISHNA T.S	04-05-2004	ALP	26	53.00	0.158755	165.0	177.5	185.0	185.0 [2]	90.0	97.5	100.0	100.0 [1]	150.0	165.0	172.5	172.5 [1]	457.5	12	72.630413		16
2	MICHAEL SEBASTIAN	14-10-2003	TVM	29	52.40	0.160285	480.0	180.0	187.5	187.5 [1]	90.0	95.0	400.0	95.0 [2]	470.0	470.0	170.0	170.0 [2]	452.5	9	72.528963		17
3	ABHIJITH P	05-09-2006	ALP	24	49.30	0.168956	145.0	450.0	450.0	145.0 [3]	55.0	62.5	70.0	62.5 [3]	150.0	460.0	460.0	150.0 [3]	357.5	8	60.401770		25
-	MOHAMMED ASHMIL	10-12-2006	MPM	25	44.50	0.185542	400.0	400.0	100.0	100.0 [4]	70.0	70.0	70.0	-	X	X	X	-	-	-	-	-	
Junior - 59kg																							
1	ABHISHEK K A	28-05-2004	ALP	48	59.00	0.145591	222.5	232.5	237.5	232.5 [2]	145.0	152.5	455.0	152.5 [1]	222.5	235.0	245.0	235.0 [1]	620.0	12	90.266420		2 <u>☹</u>
2	ADHIL S	28-03-2003	ALP	46	57.50	0.148558	230.0	240.0	247.5	247.5 [1]	110.0	447.5	117.5	117.5 [2]	210.0	247.5	247.5	210.0 [2]	575.0	9	85.420850		7
3	ANURAG CK	25-04-2006	PTA	47	59.00	0.145591	190.0	205.0	212.5	212.5 [3]	95.0	402.5	102.5	102.5 [3]	180.0	192.5	197.5	197.5 [3]	512.5	8	74.615388		15
4	ARJUN K	01-11-2006	WYD	50	57.90	0.147748	490.0	190.0	195.0	195.0 [4]	85.0	95.0	402.5	95.0 [4]	180.0	195.0	247.5	195.0 [4]	485.0	7	71.657780		18
5	JIBIN P.S	19-08-2004	EKM	49	59.00	0.145591	420.0	420.0	120.0	120.0 [5]	65.0	70.0	75.0	70.0 [5]	130.0	150.0	455.0	150.0 [5]	340.0	6	49.500940		31
-	ADHARSH LAL	25-09-2002	TVM	51	58.84	0.145899	200.0	200.0	200.0	-	440.0	X	X	-	X	X	X	-	-	-	-	-	
Junior - 66kg																							
1	VISMAL VINOD	31-03-2005	TCR	82	65.10	0.135267	240.0	250.0	250.0	240.0 [2]	120.0	130.0	440.0	130.0 [1]	240.0	250.0	250.0	240.0 [1]	610.0	12	82.512870		8
2	KANNAN RAJA	14-07-2004	ALP	77	64.90	0.135567	240.0	255.0	260.0	255.0 [1]	115.0	122.5	127.5	127.5 [2]	220.0	235.0	235.0	220.0 [2]	602.5	9	81.679118		10
3	EMMANUVEL V S	11-12-2002	PTA	76	65.46	0.134733	195.0	207.5	207.5	195.0 [3]	440.0	110.0	117.5	117.5 [3]	160.0	480.0	480.0	160.0 [6]	472.5	8	63.661343		23
4	JAGANATH KR	04-12-2002	KNR	78	63.10	0.138377	140.0	460.0	465.0	140.0 [5]	75.0	85.0	95.0	95.0 [4]	150.0	485.0	190.0	190.0 [3]	425.0	7	58.810225		27
5	SREEHARI MJ	08-03-2002	EKM	79	63.78	0.137292	160.0	470.0	475.0	160.0 [4]	70.0	80.0	82.5	80.0 [5]	160.0	170.0	180.0	180.0 [4]	420.0	6	57.662640		28
6	AMALDEV KP	21-11-2006	TCR	81	63.70	0.137418	100.0	112.5	125.0	125.0 [6]	50.0	57.5	62.5	62.5 [6]	140.0	155.0	167.5	167.5 [5]	355.0	5	48.783390		32
Junior - 74kg																							
1	ARJUN S J	12-08-2003	TVM	115	73.80	0.124145	280.0	292.5	305.0	305.0 [1]	150.0	162.5	170.0	170.0 [2]	240.0	255.0	262.5	255.0 [2]	730.0	12	90.625850		1 <u>☹</u>
2	JEEVAN A	07-11-2003	ALP	110	73.60	0.124364	260.0	270.0	277.5	277.5 [3]	152.5	160.0	165.0	165.0 [3]	257.5	272.5	287.5	272.5 [1]	715.0	9	88.920260		3 <u>☹</u>
3	SNEHAJ SURESH	29-10-2002	KKD	113	73.70	0.124254	250.0	265.0	275.0	265.0 [4]	150.0	160.0	170.0	170.0 [1]	230.0	245.0	252.5	252.5 [3]	687.5	8	85.424625		6
4	ANADAKRISHNAN R	25-01-2002	ALP	109	69.50	0.129206	272.5	272.5	290.0	290.0 [2]	145.0	150.0	155.0	155.0 [4]	240.0	252.5	252.5	240.0 [4]	685.0	7	88.506110		4
5	AMEGH M	24-08-2005	KKD	114	66.90	0.132667	170.0	180.0	192.5	192.5 [5]	80.0	90.0	405.0	80.0 [5]	215.0	225.0	232.5	225.0 [5]	497.5	6	66.001833		22
6	NISAMUDHEEN TF	21-10-2002	EKM	111	73.20	0.124807	420.0	130.0	460.0	130.0 [6]	70.0	80.0	90.0	80.0 [6]	160.0	170.0	180.0	180.0 [6]	390.0	5	48.674730		33
-	GOKUL M	10-06-2006	PKD	112	72.30	0.125825	465.0	465.0	465.0	-	65.0	X	X	-	X	X	X	-	-	-	-	-	
Junior - 83kg																							
1	AROMAL P	14-08-2005	TVM	142	83.00	0.115477	280.0	295.0	305.0	305.0 [1]	145.0	155.0	162.5	162.5 [2]	220.0	230.0	237.5	237.5 [2]	705.0	12	81.411285		11
2	DHARVESH EBRAHIM GOUSU	17-03-2003	TCR	140	82.60	0.115804	230.0	245.0	255.0	245.0 [2]	155.0	467.5	167.5	167.5 [1]	210.0	225.0	232.5	232.5 [3]	645.0	9	74.693580		14
3	DEVANAND C S	16-05-2005	ALP	138	83.00	0.115477	220.0	230.0	250.0	230.0 [3]	100.0	420.0	425.0	100.0 [3]	235.0	250.0	260.0	250.0 [1]	580.0	8	66.976660		21
Junior - 93kg																							
1	ATHUL KRISHNA KS	11-03-2005	TCR	171	88.70	0.111223	300.0	312.5	330.0	312.5 [2]	180.0	495.0	495.0	180.0 [1]	260.0	275.0	280.0	280.0 [1]	772.5	12	85.919768		5
2	ASIF HARIS	19-08-2002	IDK	166	92.50	0.108753	300.0	345.0	315.0	315.0 [1]	160.0	170.0	175.0	175.0 [2]	250.0	265.0	275.0	265.0 [2]	755.0	9	82.108515		9
3	FARIS RAHMAN N	17-06-2005	ALP	168	87.40	0.112132	240.0	257.5	270.0	270.0 [3]	452.5	157.5	467.5	157.5 [3]	235.0	252.5	260.0	260.0 [3]	687.5	8	77.090750		12
4	ABHISHEK VS	30-11-2003	KSD	167	88.50	0.111361	220.0	240.0	250.0	250.0 [4]	120.0	425.0	425.0	120.0 [5]	235.0	252.5	272.5	252.5 [4]	622.5	7	69.322223		20
5	ADHITH KRISHNA	06-10-2005	TVM	169	88.80	0.111155	190.0	200.0	212.5	212.5 [5]	110.0	117.5	122.5	122.5 [4]	190.0	205.0	240.0	205.0 [5]	540.0	6	60.023700		26
6	VINAYAK BHASKAR P	22-04-2006	EKM	170	83.20	0.115315	420.0	420.0	120.0	120.0 [6]	75.0	77.5	82.5	77.5 [6]	170.0	180.0	490.0	180.0 [6]	377.5	5	43.531413		34
Junior - 105kg																							

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	ADITHYAN SN	19-08-2002	TVM	190	97.40	0.105929	290.0	302.5	345.0	302.5 [1]	145.0	155.0	467.5	155.0 [1]	245.0	257.5	267.5	257.5 [1]	715.0	12	75.739235	13
2	ABHINAV SANTHOSH	25-04-2005	KNR	187	93.10	0.108387	200.0	220.0	230.0	230.0 [2]	100.0	407.5	407.5	100.0 [3]	200.0	210.0	230.0	230.0 [2]	560.0	9	60.696720	24
3	SHAUN SHOBY	13-10-2003	TCR	188	94.30	0.107672	185.0	197.5	207.5	207.5 [3]	105.0	112.5	120.0	120.0 [2]	190.0	207.5	227.5	207.5 [3]	535.0	8	57.604520	29
4	FAIZAN FIROZ	02-09-2006	EKM	189	95.90	0.106754	70.0	70.0	95.0	95.0 [4]	55.0	65.0	65.0	55.0 [4]	110.0	135.0	450.0	135.0 [4]	285.0	7	30.424890	37
Junior - 120kg																						
1	SANOOP U	15-11-2006	EKM	203	109.20	0.100446	140.0	155.0	X	155.0 [1]	55.0	60.0	65.0	65.0 [1]	140.0	160.0	470.0	160.0 [1]	380.0	12	38.169480	36
Junior - 120+Kg																						
1	ARAVIND V S	29-05-2002	TCR	212	120.10	0.096614	300.0	300.0	312.5	312.5 [1]	160.0	175.0	185.0	185.0 [1]	240.0	260.0	260.0	240.0 [1]	737.5	12	71.252825	19
2	ATHUL KRISHNA S	08-09-2006	TVM	213	128.00	0.094380	240.0	220.0	230.0	230.0 [2]	95.0	105.0	110.0	110.0 [2]	180.0	200.0	207.5	207.5 [2]	547.5	9	51.673050	30
3	KARNA ANIL	05-09-2006	EKM	211	121.00	0.096339	150.0	470.0	170.0	170.0 [3]	65.0	75.0	77.5	75.0 [3]	140.0	160.0	175.0	175.0 [3]	420.0	8	40.462380	35

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	ARJUN S J	TVM	74kg	73.80	0.124145	730.0	90.625850
2	ABHISHEK K A	ALP	59kg	59.00	0.145591	620.0	90.266420
3	JEEVAN A	ALP	74kg	73.60	0.124364	715.0	88.920260

Team Championship - Junior				
Place	Team	Points	Best Points	IPF GL Points
1	THIRUVANANTHAPURAM	54	12+12+12+9+9	371.978383
2	THRISSUR	53	12+12+12+9+8	371.983563
3	ALAPPUZHA	51	12+12+9+9+9	418.917061
4	ERNAKULAM	39	12+8+7+6+6	216.220330
5	KANNUR	16	9+7	119.506945
6	PATHANAMTHITTA	16	8+8	138.276731
7	KOZHIKODE	14	8+6	151.426458
8	IDUKKI	9	9	82.108515
9	WAYANAD	7	7	71.657780
10	KASARAGOD	7	7	69.322223
-	MALAPPURAM	-	-	-
-	PALAKKAD	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 1 - 59kg																						
1	SHYJU CP	19-01-1976	KNR	52	57.26	0.149051	130.0	140.0	145.0	145.0 [1]	80.0	90.0	95.0	90.0 [1]	140.0	452.5	155.0	155.0 [3]	390.0	12	58.129890	5
2	BIJU TB	02-02-1976	KKD	53	58.50	0.146559	130.0	140.0	450.0	140.0 [2]	60.0	70.0	70.0	70.0 [3]	140.0	155.0	162.5	162.5 [1]	372.5	9	54.593228	6
3	ANEESH K V	12-05-1982	EKM	54	57.90	0.147748	70.0	100.0	130.0	130.0 [3]	60.0	77.5	82.5	77.5 [2]	140.0	155.0	160.0	160.0 [2]	367.5	8	54.297390	7
4	MANAS C P	27-08-1979	KKD	55	58.10	0.147348	440.0	110.0	130.0	130.0 [4]	55.0	62.5	65.0	62.5 [4]	125.0	140.0	457.5	140.0 [4]	332.5	7	48.993210	11

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
1	M S JAYAN	05-05-1974	TVM	87	66.00	0.133945	130.0	140.0	150.0	140.0 [1]	90.0	95.0	97.5	97.5 [1]	140.0	160.0	165.0	165.0 [1]	402.5	12	53.912863	6
Master 2 - 74kg																						
1	SANJAY PRASAD	05-05-1972	TVM	122	70.40	0.128082	150.0	160.0	172.5	172.5 [1]	107.5	112.5	117.5	112.5 [1]	180.0	185.0	X	185.0 [2]	470.0	12	60.198540	4
2	PADMAJAN PV	03-04-1974	KNR	121	71.30	0.126994	150.0	165.0	170.0	170.0 [2]	75.0	102.5	107.5	102.5 [2]	180.0	190.0	200.0	190.0 [1]	462.5	9	58.734725	5
3	SREENATH K	31-05-1973	KNR	120	70.00	0.128577	100.0	X	X	100.0 [3]	40.0	50.0	X	50.0 [3]	100.0	X	X	100.0 [3]	250.0	8	32.144250	11
Master 2 - 83kg																						
1	BINUKUMAR R	18-03-1974	TVM	150	80.70	0.117412	200.0	215.0	225.0	225.0 [1]	80.0	85.0	90.0	85.0 [2]	205.0	215.0	220.0	215.0 [1]	525.0	12	61.641300	2 
2	DILJITH KK	31-05-1969	KNR	148	78.45	0.119444	180.0	190.0	200.0	200.0 [2]	100.0	110.0	120.0	120.0 [1]	180.0	195.0	205.0	195.0 [2]	515.0	9	61.513660	3 
3	VIKAS BABU	30-05-1974	EKM	149	81.60	0.116639	140.0	160.0	170.0	160.0 [3]	40.0	60.0	80.0	60.0 [3]	140.0	X	X	140.0 [3]	360.0	8	41.990040	8
4	JAYAKUMAR T.R	10-05-1973	EKM	151	76.70	0.121129	70.0	70.0	80.0	80.0 [4]	45.0	50.0	55.0	50.0 [4]	100.0	100.0	105.0	105.0 [4]	235.0	7	28.465315	12
Master 2 - 93kg																						
1	ABDUSSALEEM CV	04-04-1972	KKD	176	91.12	0.109620	210.0	230.0	240.0	240.0 [1]	105.0	112.5	120.0	120.0 [1]	200.0	215.0	222.5	215.0 [1]	575.0	12	63.031500	1 
2	SAJU S	20-03-1975	TVM	175	86.10	0.113075	110.0	110.0	130.0	130.0 [2]	72.5	85.0	105.0	105.0 [2]	100.0	125.0	X	125.0 [2]	360.0	9	40.707000	9
Master 2 - 105kg																						
1	SAJID PV	25-05-1973	KNR	193	93.15	0.108357	110.0	130.0	150.0	150.0 [1]	70.0	100.0	110.0	110.0 [1]	110.0	120.0	130.0	130.0 [2]	390.0	12	42.259230	7
2	K J GEORGE	24-05-1971	EKM	194	93.10	0.108387	100.0	115.0	130.0	130.0 [2]	60.0	65.0	70.0	65.0 [2]	100.0	150.0	170.0	150.0 [1]	345.0	9	37.393515	10

Best Lifter - Master 2								
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points	
1	ABDUSSALEEM CV	KKD	93kg	91.12	0.109620	575.0	63.031500	
2	BINUKUMAR R	TVM	83kg	80.70	0.117412	525.0	61.641300	
3	DILJITH KK	KNR	83kg	78.45	0.119444	515.0	61.513660	

Team Championship - Master 2						
Place	Team	Points	Best Points	IPF GL Points		
1	THIRUVANANTHAPURAM	45	12+12+12+9	216.459703		
2	KANNUR	38	12+9+9+8	194.651865		
3	ERNAKULAM	24	9+8+7	107.848870		
4	KOZHIKODE	12	12	63.031500		

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 3 - 59kg																						
1	BABU	03-11-1964	TVM	56	55.80	0.152166	95.0	105.0	120.0	120.0 [1]	72.5	77.5	80.0	77.5 [1]	120.0	130.0	140.0	130.0 [1]	327.5	12	49.834365	1 
Master 3 - 66kg																						
1	G JAYACHANDRAN NAIR	15-02-1959	TVM	88	64.80	0.135718	90.0	100.0	110.0	110.0 [1]	40.0	45.0	45.0	45.0 [1]	130.0	140.0	140.0	140.0 [1]	295.0	12	40.036810	2 
Master 3 - 83kg																						
1	G OMANAKUTTAN NAIR	28-05-1965	KLM	153	76.00	0.121831	90.0	100.0	110.0	110.0 [1]	40.0	45.0	X	45.0 [1]	100.0	110.0	120.0	120.0 [1]	275.0	12	33.503525	4
2	PAULOSE M S	06-08-1957	EKM	152	76.80	0.121030	25.0	25.0	30.0	30.0 [2]	20.0	22.5	25.0	22.5 [2]	40.0	50.0	60.0	60.0 [2]	112.5	9	13.615875	5

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 3 - 105kg																						
1	JOHN THOMAS NEROOR	28-04-1962	ALP	195	96.40	0.106476	110.0	115.0	125.0	125.0 [1]	50.0	60.0	62.5	62.5 [1]	140.0	160.0	160.0	140.0 [1]	327.5	12	34.870890	3 

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	BABU	TVM	59kg	55.80	0.152166	327.5	49.834365
2	G JAYACHANDRAN NAIR	TVM	66kg	64.80	0.135718	295.0	40.036810
3	JOHN THOMAS NEROOR	ALP	105kg	96.40	0.106476	327.5	34.870890

Team Championship - Master 3					
Place	Team	Points	Best Points	IPF GL Points	
1	THIRUVANANTHAPURAM	24	12+12	89.871175	
2	ALAPPUZHA	12	12	34.870890	
3	KOLLAM	12	12	33.503525	
4	ERNAKULAM	9	9	13.615875	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 4 - 59kg																						
1	SEBASTIAN I	12-11-1954	TVM	59	57.00	0.149591	140.0	150.0	160.0	160.0 [1]	65.0	70.0	X	70.0 [1]	150.0	170.0	170.0	170.0 [1]	400.0	12	59.836400	1 
Master 4 - 66kg																						
1	PREMACHANDRAN C	01-12-1950	KKD	90	61.10	0.141744	130.0	140.0	145.0	145.0 [1]	55.0	62.5	X	62.5 [2]	150.0	160.0	165.0	165.0 [1]	372.5	12	52.799640	2 
2	N PREMACHANDRAN NAIR	12-04-1952	EKM	89	63.90	0.137103	125.0	125.0	132.5	125.0 [2]	70.0	77.5	77.5	77.5 [1]	145.0	152.5	167.5	152.5 [2]	355.0	9	48.671565	3 
Master 4 - 74kg																						
1	KRISHNA KUMAR	23-11-1953	EKM	124	66.50	0.133229	50.0	60.0	X	60.0 [1]	50.0	50.0	X	50.0 [1]	80.0	X	X	80.0 [1]	190.0	12	25.313510	4
Master 4 - 83kg																						
1	UTHAMAKUMAR K	01-01-1954	ALP	154	81.30	0.116894	50.0	60.0	70.0	70.0 [1]	60.0	62.5	X	62.5 [1]	60.0	70.0	70.0	70.0 [1]	202.5	12	23.671035	5

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SEBASTIAN I	TVM	59kg	57.00	0.149591	400.0	59.836400
2	PREMACHANDRAN C	KKD	66kg	61.10	0.141744	372.5	52.799640
3	N PREMACHANDRAN NAIR	EKM	66kg	63.90	0.137103	355.0	48.671565

Team Championship - Master 4					
Place	Team	Points	Best Points	IPF GL Points	
1	ERNAKULAM	21	12+9	73.985075	
2	THIRUVANANTHAPURAM	12	12	59.836400	
3	KOZHIKODE	12	12	52.799640	

Team Championship - Master 4					
Place		Team	Points	Best Points	IPF GL Points
4	ALAPPUZHA		12	12	23.671035

Abbreviations:

ALP = AlappuzhaEKM = ErnakulamIDK = Idukki KNR = KannurKSD = KasaragodKLM = KollamKKD = KozhikodeMPM = MalappuramPKD = PalakkadPTA = PathanamthittaTVM = ThiruvananthapuramTCR = Thrissur WYD = Wayanad